

WRAP

Sportin' 40

@ HOTEL MARSHFIELD
Marshfield, WI

September 19 -21, 2018



40th
annual

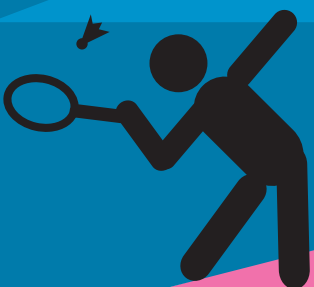


40th
annual



more info online:

wrap-wi.org



Registration Fees

PRE-CONFERENCE INTENSIVE*

3.5 continuing education hours.

Crafting Round Robin

Early Fee: \$ 65.00 Postmark on or before August 29th

Regular Fee: \$100.00 postmark after August 29th

* This session is **NOT** included in 3-day entire conference fee: LUNCH NOT INCLUDED.

ENTIRE CONFERENCE

Includes Wednesday evening reception and vendors.

Thursday lunch and Thursday WRAP Bowl & Awards Ceremony.

*This fee does not include the Pre-Conference Intensive Session

Early Registration (Postmark on or before August 29, 2018)

WRAP MEMBERS \$200.00

Non-Members \$300.00

Regular Fee (Postmark after August 29, 2018)

WRAP MEMBERS \$225.00

Non-Members \$325.00

THURSDAY ONLY

Includes Thursday lunch,

Does **NOT** include Thursday WRAP Bowl & Awards Ceremony

If attendees wish to attend, a dinner must be purchased separately

Early Registration (Postmark on or before August 29, 2018)

WRAP MEMBERS \$160.00

Non-Members \$200.00

Regular Fee (Postmark after August 29, 2018)

WRAP MEMBERS \$185.00

Non-Members \$225.00

FRIDAY ONLY

Early Registration (Postmark on or before August 29, 2018)

WRAP MEMBERS \$90.00

Non-Members \$115.00

Regular Fee (postmark after August 29, 2018)

WRAP MEMBERS \$115.00

Non-Members 140.00

Make Check Payable to:

WRAP CONFERENCE

Mail Registration Form and Payment to:

Renee Tatzel, Director of Resident Services

Spring Valley Health & Rehab Center

S830 Westland Dr.

Spring Valley, WI 54767

•work: 715-778-5545 ext. 239 •email: reneet@svhcs.org

Please, double check to be sure ALL forms.

Pages A and B need to be filled out neatly along with payment.

No credit cards or purchase orders.

www.hotelmarshfield.com



Hotel Marshfield
2700 S. Central Avenue
Marshfield, WI 54449
715.387.2700

All lodging rooms must book direct by calling (715) 387 2700, mention Wi WRAP Conference for the discounted group rate.

\$96.00 + Tax rate.

***Until August 29, 2018.**

All overnight guests will receive a hot breakfast, including meat, egg and potato options, along with assorted cereal, pastries, yogurts and much more.

All rooms include either single or double queen pillow top beds, mini refrigerator, Keurig coffee makers. Microwaves are available on Hotel premises for guests' use. Onsite Restaurant "Libby McNeill's" offers a variety of food and drink available for purchase.



Sportin' 40

Wednesday, September 19, 2018

- 11:00am – 12:00 noon **Registration/Cultural Arts Registration/Silent Auction drop off**
- 12:00noon – 3:30pm 1. **Pre-Conference Speakers – Crafting Round Robin**
(lunch **will not be** provided)
- 3:30pm – 5:30pm **Vendors are Open**
- 4:00pm – 5:30pm 2. **WRAP Annual Membership Board Meeting (open to all)**
- 5:30pm – 8:00pm **Registration/Cultural Arts Registration/Silent Auction drop off**
- 5:45pm – 6:45pm 3. **Vendor Session: Tips and Ideas**
- 6:45pm – 8:30pm Welcoming Reception, Shopping With Vendors & Appetizers**
- 7:00pm – 9:00pm **Cash Bar**
- 7:30pm **Silent Auction begins**
- 7:30pm – 9:00pm **Tailgate Party: CVAAP Local Arrangements Committee**

Thursday, September 20, 2018

- 7:00am – 8:00am **Registration /Cultural Arts Registration/Silent Auction Drop Off**
- 8:00am – 8:30am **Welcome/Announcements/Call of Regions**
- 8:30am – 9:30am 4. Opening Keynote: Kirsty Blattner - Soul Stories
- 9:30am – 10:00am **Break / Cultural Arts / Vendors / Silent Auction Open**

10:00am – 11:00am **BREAKOUT SESSION 1**

5. Jessica Radtke – Mega Rule: What Have We Learned in 2 Years?
6. Joelin Mueller – Namaste Care
7. Maureen Birchfield – How the Library Can Help
8. Ingrid Constalie – Effective Advocacy Strategies

11:00am – 12:00pm **Break/Silent Auction/Vendors**

FINAL DRAWING, FINAL SALES / CULTURAL ARTS CLOSED @ NOON

11:30am – **BUFFET LUNCH**

12:00pm – 1:00pm Session held during Lunch. **9. Legislative Update 2017-18 Sally Roque**

1:15pm – 2:15pm **BREAKOUT SESSION 2**

10. Kirsty Blattner – Mind Games
11. Beth Propp /AGE-u-cate – Compassionate Touch: A Non-pharmacological Approach that Prevents Behavioral Expression and Builds Care-partner Relationship
12. Jessica Radtke – Care Plans: More Than Just A Piece of Paper
13. William Gardner – Trends in Assisted Living and Regulatory Oversight of Activities

2:15pm – 2:30pm **Break**

Thursday, September 20, 2018 (Continued...)

2:30pm – 3:30pm **BREAKOUT SESSION 3**

14. Dianne Brakarsh – The Science & The Soul of Dancing with Dementia: An Evidenced Based Approach
15. Terri Bartlett – Start Your Own Creative Writing Group
16. Beth Propp /AGE-u-cate – Compassionate Touch: A Non-pharmacological Approach that Prevents Behavioral Expression and Builds Care-partner Relationship (Repeat)
17. William Gardner – Trends in Assisted Living and Regulatory Oversight of Activities (Repeat)

3:30pm – 3:45pm **Break**

3:45pm – 4:45pm **BREAKOUT SESSION 4**

18. Carmela Mulroe – Franny The Frazzled Activity Facilitator
19. Dianne Brakarsh – The Science & The Soul of Dancing with Dementia: An Evidenced Based Approach (Repeat)
20. Joelin Mueller – Namaste Care (Repeat)
21. WRAP Board Training

6:00pm – 8:00pm **Cash Bar**

6:45pm – 7:00pm Scholarship Bingo Card Sale at Door

7:00pm Extreme Bingo, WRAP Bowl & Awards Ceremony

8:50pm **Silent Auction Ends!!!!**

8:45pm – 9:00pm Pickup Cultural Arts

Friday, September 21, 2018

7:00am – 8:00am **Registration / Hotel Checkout**

8:00am – 9:00am **BREAKOUT SESSION 5**

22. Elizabeth Lewis – Self-Compassion: Learn to be Kinder to Yourself
23. Terri Bartlett – Touch You, Touch Me, Sensory
24. Julie Hyland – Music & Memory: Taking it Beyond the Music; Tablet Engagement
25. Maureen Birchfield – How the Library Can Help (Repeat)

9:30am – 10:30am **BREAKOUT SESSION 6**

26. Jessica Radtke – Fireside Chat: Q & A
27. Elizabeth Lewis – Coping with Compassion Fatigue
28. Julie Hyland – Music & Memory: Taking it Beyond the Music; Tablet Engagement (Repeat)
29. Gary Glazner – Celebrating Creativity in Elder Care

10:30am – 10:45am **Break**

10:45am – 11:00am **2019 Conference Promotion**

11:00am – 12:00pm **30. Closing Keynote: Former Governor Marty Schreiber-Learning, Coping, and Surviving as an Alzheimer's Caregiver**

12:00pm – 12:30pm **Closing Comments**

Thank you for being a part of the 2018 WRAP Conference!

Take care of you and your people • Travel Safe • See you in Wisconsin Dells at Chula Vista in 2019!

Wisconsin Representatives of Activity Professionals

Sportin' 40

40th Annual Conference
 September 19-21, 2018
 Hotel Marshfield, Marshfield, WI



Registration

OFFICE USE ONLY:
 dt. rcv'd: ___/___/18
 fc# _____ amt: _____
 pc# _____ amt: _____
 ac# _____ amt: _____
 other _____

*PLEASE print (all fields) clearly

Name: _____ WRAP REGION: _____
 Facility Name: _____
 Address Street: _____ City: _____ State: _____ Zip: _____
 Day Phone: () _____ Evening Phone: () _____
 Email Address: _____

WRAP Photo Release: I understand it is my responsibility to make sure I am not in any social media group photo or video recording if I do not want my picture to appear in future publications or on the WRAP website: Please Initial: _____

WRAP Annual Membership (fill out the enclosed membership form and mail with registration) \$ 35.00 _____

Pre-Conference Intensive* (Wednesday) Crafting Round Robin

* This session is NOT included in 3-day entire conference fee; No lunch – snacks included.

_____ \$65.00 Early (Postmark on or before August 29, 2018)

_____ \$100.00 Regular Fee (Postmark August 29, 2018)

Entire Conference (Wednesday evening – Friday) (This fee does not include the Pre-Conference Intensive Session)

Early Registration. (Postmark on or before August 29, 2018)

___ WRAP MEMBERS \$200.00
 ___ Non-Members \$300.00

Meals are included with full conference registration however we would like an accurate meal count.

___ Lunch (Thursday)
 ___ WRAP Bowl & Awards Ceremony (Thursday)

Regular Fee (Postmark after August 29, 2018)

___ WRAP MEMBERS \$225.00
 ___ Non-Members \$325.00

Make Check Payable to : WRAP CONFERENCE
 and Mail Registration Form to:

Renee Tatzel
 Director of Activity Services
 Spring Valley Health & Rehab Center
 S830 Westland Ave.
 Spring Valley, WI 54767

Renee Tatzel Contact Info:
 work: 715-778-5545 ext. 239
 email: reneet@svhcs.org

Total Amount Enclosed \$ _____

**Please FILL OUT & MAIL both pgs A & B
 NO CREDIT CARDS! NO PURCHASE ORDERS!
 Payment needs to accompany registration form.
 No refunds will be made after August 29, 2018.**

Thursday Only (September 20) (This fee includes only lunch)

Early Registration. (Postmark on or before August 29, 2018)

___ WRAP MEMBERS \$160.00
 ___ Non-Members \$200.00

Please mark the meal you plan to attend.

___ Lunch (Thursday)

Regular Fee (Postmark after September 1, 2017)

___ WRAP MEMBERS \$185.00
 ___ Non-Members \$225.00

Please mark the meals you plan to attend.

___ Lunch (Thursday)

Friday Only (September 21) (This fee does not include meals)

Early Registration. (Postmark on or before August 29, 2018)

___ WRAP MEMBERS \$ 90.00
 ___ Non-Members \$115.00

Regular Fee (Postmark after August 29, 2018)

___ WRAP MEMBERS \$115.00
 ___ Non-Members \$140.00

Additional WRAP Bowl are available for guests.

Early (Postmark on or before August 29, 2018)
 _____ \$30.00 each. Number _____ Total: _____

Regular Fee (Postmark after August 29, 2018)
 _____ \$55.00 each. Number _____ Total: _____

For SPECIAL Meals and Diet restrictions.
 Please contact the Hotel.



Wisconsin Representatives of Activity Professionals

NAME OF ATTENDEE: _____

Mark a 1st and 2nd choice
for each Breakout Session.
**Wednesday and Keynote sessions
only require an X to note participation**

Wednesday, September 19, 2018

- _____ 12 noon – 3:30pm 1. **Crafting Round Robin** (extra payment needed for Precon) (Lunch NOT provided)
 _____ 4:00pm – 5:30pm 2. **WRAP Annual Membership Board Meeting** (open to everyone)
 _____ 5:45pm – 6:45pm 3. **Vendor Session: Table Tips and Ideas**

Thursday, September 20, 2018

- _____ 8:30am – 9:30am 4. **Opening Keynote: Kirsty Blattner – Soul Stories**

10:00am – 11:00am Breakout Session 1

- _____ 5. Jessica Radtke – Mega Rule: What Have We Learned in 2 Years?
 _____ 6. Joelin Mueller – Namaste Care
 _____ 7. Maureen Birchfield – How the Library Can Help
 _____ 8. Ingrid Constalie – Effective Advocacy Strategies

- _____ 12:00pm – 1:00pm 9. Legislative Update 2017-2018– Sally Rocque, Government Relations Chair

1:15pm – 2:15pm Breakout Session 2

- _____ 10. Kirsty Blattner – Mind Games
 _____ 11. Beth Propp /AGE-u-cate – Compassionate Touch: A Non-Pharmacological Approach that Prevents Behavioral Expression & Builds Care-partner Relationship
 _____ 12. Jessica Radtke – Care Plans: More Than Just A Piece of Paper
 _____ 13. William Gardner - Trends in Assisted Living and Regulatory Oversight of Activities

2:30pm – 3:30pm Breakout Session 3

- _____ 14. Dianne Brakarsh – The Science & The Soul of Dancing with Dementia: An Evidenced Based Approach
 _____ 15. Terri Bartlett – Start Your Own Creative Writing Group
 _____ 16. Beth Propp /AGE-u-cate – Compassionate Touch: A Non-Pharmacological Approach that Prevents Behavioral Expression & Builds Care-partner Relationship (Repeat)
 _____ 17. William Gardner - Trends in Assisted Living and Regulatory Oversight of Activities (Repeat)

3:45pm – 4:45pm Breakout Session 4

- _____ 18. Carmela Mulroe – Franny The Frazzled Activity Facilitator
 _____ 19. Dianne Brakarsh – The Science & The Soul of Dancing with Dementia: An Evidenced Based Approach (Repeat)
 _____ 20. Joelin Mueller – Namaste Care (Repeat)
 _____ 21. WRAP Board Training

Friday, September 21, 2018

8:00am – 9:00am Breakout Session 5

- _____ 22. Elizabeth Lewis – Self-Compassion: Learn to be Kinder to Yourself
 _____ 23. Terri Bartlett – Touch You, Touch Me, Sensory
 _____ 24. Julie Hyland – Music & Memory: Taking it Beyond the Music; Tablet Engagement
 _____ 25. Maureen Birchfield – How the Library Can Help (Repeat)

9:30am – 10:30am Breakout Session 6

- _____ 26. Jessica Radtke – Fireside Chat: Q & A
 _____ 27. Elizabeth Lewis – Coping with Compassion Fatigue
 _____ 28. Julie Hyland – Music & Memory: Taking it Beyond the Music; Tablet Engagement (Repeat)
 _____ 29. Gary Glazner – Celebrating Creativity in Elder Care

- _____ 11:00am – 12:00pm 30. **Former Governor Marty Schreiber – Learning, Coping, and Surviving as an Alzheimer's Caregiver**





**WISCONSIN REPRESENTATIVES OF ACTIVITY PROFESSIONALS
MEMBERSHIP APPLICATION 2018-2019**

MAKE CHECK PAYABLE TO: WRAP. **RETURN TO:** Patti Utesch
Date: _____ 3601 S. Chicago Ave, South Milwaukee, WI 53172

New Renewal Check box of preferred address.

Name: _____

Facility: _____

Home Address: _____
City State Zip

Facility Address: _____
City State Zip

County: _____ **# of Years Activity Professional:** _____

Home/Cell Phone: _____

Facility Phone: _____ **Fax:** _____

E-Mail: _____

Professional Memberships: NAAP _____ Regional Group _____ Other _____

Type of Facility:

- Adult Day Care Assisted Living CBRF Nursing Home Retirement
 Senior Center Subacute Consultant Memory Care Other _____

Certification:

- NAAP:** AP-BC AC-BC
NCCAP: ACC ADC AAC
Other: _____

Membership: **Active-** \$35 per year

Type of Member: Professional Other _____

Student Volunteer Not Employed Retired AP

WRAP Scholarship Donation \$ _____

It is our policy that WRAP does not sell its membership list to any interested parties.

Office Use Only:	_____ Receipt #	_____ email list
_____ Date Received	_____ Region	_____ member list
\$ _____ Paid	_____ Check #	_____ Card #

Cultural Arts

Lora Friedrichs, BS, ADC, CDP

The Cultural Arts is right around the corner and preparations are under way for another great event. Please consider submitting your resident's work of art in this year's Cultural Arts. Please note we have a new category added to the pre-registration form. No categories were removed. You will find the **PRE-REGISTRATION form below, which is to be completed and mailed to: Lora Friedrichs 505 Jacobson Ave. Madison, WI 53714 or you can scan & e-mail your pre-registration forms to Lora at mp_activity@thealdennetwork.com on or before September 14, 2018.**

The Conference Registration form MUST be attached to EACH entry at the time it is brought to conference.



Long term care facilities copy both forms on **WHITE PAPER** and **all other facilities** copy both forms on **BLUE PAPER**. If you have any questions or would like to help with Cultural Arts at Conference contact Lora at: lorafried@yahoo.com or mp_activity@thealdennetwork.com

Conference Registration Form

Please **COMPLETE** and **ATTACH TO EACH PROJECT** when you bring them to Conference. *DO NOT send with pre-registration*

Project done by _____ Group _____ Individual

Name of Resident: _____

Address: _____

City: _____

Facility: _____

(Circle one) CBRF Long Term Residential RCAC Day Center

WRAP Member: _____

Category: _____

Description: _____

Percentage of project completed by resident _____%

Long Term Facilities: White Copies & All Other Facilities: Blue Copies

Cultured Arts Show is open to WRAP MEMBERS ONLY!

You must Pre-Register all entries and **NO LATE ENTRIES WILL BE ACCEPTED.**

Remember all pre-registration forms **MUST BE RETURN BY FRIDAY, SEPTEMBER 14, 2018**
RETURN FORMS TO: Lora Friedrichs 505 Jacobson Avenue Madison, WI 53714 or Scan & email

WRAP CULTURAL ARTS PRE-REGISTRATION FORM

To enter the Cultural Arts Show, All entries **MUST** be pre-registered

Each resident may enter as many categories as he/she chooses, but ONLY ONE entry per category.

PLEASE PRINT THE RESIDENT'S NAME CLEARLY AS IT SHOULD APPEAR ON THE CERTIFICATE

NAME OF RESIDENT/GROUP: _____

NAME OF FACILITY: _____

TYPE OF FACILITY: (circle one) CBRF LONG TERM RESIDENTIAL DAY CENTER RCAC

ADDRESS/CITY: _____

WRAP MEMBERS NAME: _____ Phone number: _____

CHECK CATEGORY:

<input type="checkbox"/> Adult Coloring	<input type="checkbox"/> Jewelry/Beadwork	<input type="checkbox"/> Poem	<input type="checkbox"/> Short Story (<3000 words)
<input type="checkbox"/> Artwork	<input type="checkbox"/> Knitting	<input type="checkbox"/> Prose	<input type="checkbox"/> Stamping/Stenciling
<input type="checkbox"/> Computer Generated	<input type="checkbox"/> Needlework	<input type="checkbox"/> Quilting	<input type="checkbox"/> Weaving
<input type="checkbox"/> Crocheting	<input type="checkbox"/> Painted Objects	<input type="checkbox"/> Recycled Craft	<input type="checkbox"/> Wood Working
<input type="checkbox"/> Garden Art	<input type="checkbox"/> Paper Craft	<input type="checkbox"/> Scrapbooking	Please circle: Original or Kit
<input type="checkbox"/> Holiday Craft	<input type="checkbox"/> Photography (matted)	<input type="checkbox"/> Sewing	<input type="checkbox"/> Other

DESCRIPTION OF ENTRY: _____

PERCENTAGE OF RESIDENT'S PARTICIPATION: _____ % COMMENTS: _____

*****ALL ENTRIES NEED TO BE ACCOMPANIED BY A REGISTRATION**** (Located at the top of page)**

Each entry will be judged individually, on its own merit, and must have been completed within the last year. Entries are judged on appearance, workmanship, design, originality, color, harmony, and percentage of resident's participation.

*Poem: A piece of writing which has rhythm and rhyme. *Prose: The ordinary form of language without rhyme or meter.

"BEST OF SHOW" Awards will be chosen from the first place winners.

Cultural Arts Registration hours will coincide with Conference Registration hours

Remember to copy Long Term on White paper and All Others on Blue paper!!!!!!!!!!!!

Cultural Arts

Cultural Arts is open to WRAP MEMBERS ONLY. Each project must have been completed by residents within the last year and have an entry form. Group projects must have all names of participants on the form. Entries can be e-mailed by scanning. Cultural Arts Chair will send confirmation to all entrants.

SNF uses white paper for their entries, other type of facilities should use blue paper. You can enter a resident in as many projects as long as there is only one project per category. There are 24 categories in which you can submit a project to.

Each person who participates in the Cultural Arts will receive a certificate of participation and will be judged on merit. Each entry will receive a ribbon with the "Best of Show" prize for the top 6 entries awarded at the WRAP Bowl.

For more information contact:

Lora Friedrichs, ADC

Phone: 608-556-1170 or

Email: lorafried@yahoo.com or

mp_activity@thealdennetwork.com



Continuing Education

Achieve 13.5 hours of continuing education during this conference by attending all offered sessions (including the Pre-Conference Intensive). WRAP has made application to NAAPCC and NCCAP for approval of 13.5 hours. A form to purchase Continuing Education Units (CEU's) can be picked up at the Registration Area at Conference. You will be responsible to make copies of your session certificates, fill out the CEU form, and send it to UW Marathon County for your credits. This applies to those professionals who require university credits only most likely CTRS. The cost is \$15.00 Conference chairs will try to honor all session requests. Please plan to attend only the sessions that are assigned to you.

This year the education certificates will be all on one sheet with "secret words" given out at each session.

Vendors Table TIPS

This session is a unique opportunity for vendors and attendees to network with each other. We will learn about new innovative products to promote meaningful engagement. This session will qualify as approved session and a continuing education will be available with attendance.

The products can then be purchased in the vendor area following the session. It is important that we take advantage of the opportunity to talk directly to the vendors. There will be opportunities for special prizes and rewards during vendor shopping hours. The Vendor Table Tips event is held on Wednesday evening from 5:45 pm – 6:45 pm.

Don't forget to bring along your tax exempt number, purchase orders, etc. It is important that we support the vendors in order to encourage their participation in our future conferences. Shopping with Vendors 6:45 pm-8:30 pm.

Vendors OPEN SCHEDULE

Open Wednesday from 3:30 pm–5:30pm

Vendor Tips- 5:45 pm – 6:45 pm

Vendor Party 6:45- 8:30 pm

Thursday Open Vending Times:

9:30–10:00 am and 11:00am-12:00 pm

Join us for our 26th Annual Scholarship Event!

Once again there will be Extreme Bingo to play at the start of the WRAP BOWL and Awards Ceremony. Bingo cards will be available for purchase at the entrance to the Thursday WRAP BOWL from 6:45 – 7:00 pm for \$5 each. If you purchase 3 or more cards, you will receive a ticket for each card that enters you into a drawing for a free night stay at Hotel Marshfield. Bingo prizes will include \$10 gift cards and other surprises. By participating in this event you are supporting the Scholarship Fundraiser for Activity Professionals who have demonstrated a desire to further their professional knowledge of the activity field.



Future Conferences



41st Annual WRAP Conference
September 18-20, 2019
at the

Chula Vista Resort • WI Dells

WRAP BOWL

We invite you to attend the 40th Annual WRAP Bowl on Thursday evening. Please wear your favorite Sporting Attire! Dinner will begin at 7pm and a cash bar available from 6-8pm. The awards ceremony is to follow the meal.

Silent AUCTION

This year we will have a Silent Auction with funds raised going towards scholarships, including educational and WRAP conferences. Make sure you stop in and check out these great items. **Bidding will begin Wednesday evening at 7:30 pm and will close on Thursday at 8:50 pm.** Payments will be taken directly following the close of the auction. If you are interested in donating a Silent Auction item, please **contact Sally at srocque@co.dunn.wi.us**.

WRAP Member Info

We invite all members to review WRAP's Annual Report. It can be found after September 1st on the WRAP website: www.wrap-wi.org. If you have any questions, we encourage you to seek out a WRAP Board Member for clarification.

Tailgate Party: CVAAP Local Arrangements Committee

Join us in the Commons Area from 7:30 pm to 9:00 pm on Wednesday, September 19th for a fun-filled Tailgate Party. We will have several yard games set up to enjoy with your friends and prizes available to the winners.

Conference Objective

WRAP presents its 40h Annual Conference to educate, motivate and revitalize Activity Professionals, Therapeutic Recreation Specialists, Nursing Home Administrators, Social Workers, Consultants and other professionals working in nursing homes, assisted living, adult day services, senior centers and community based residential facilities.

We offer educational sessions that focus on the varied professional and personal needs of the attendees. We support and encourage the sharing of knowledge and experience with other professionals. We provide attendees with the opportunity to grow in leadership, professionalism and knowledge to bring back vital information related to activities for enhancing the residents' quality of life.

Message from the Conference Chair

Welcome to WRAP's 40th Annual Conference. We hope you enjoy the wide array of fabulous speakers including **Kirsty Blattner, Former Governor Marty Schreiber**, past favorites and some new speakers.

Please stop by to see the vendors, participate in the Silent Auction and enjoy the Cultural Art projects made by residents all over Wisconsin. Take time to thank our conference committee members.

If you are not a current member of WRAP, now is the time to join and take advantage of lower conference rates. Simply complete the membership application in this brochure and add with your conference payment. Make sure that all forms are printed clearly. Incomplete forms will delay the processing of your registration and membership. Confirmation letters will be sent via email so be sure to print your email address legibly. **Register EARLY-prior to August 29th for the EARLY Conference Rate.**

Make your room reservations directly to Holiday Inn Hotel & Convention Center at the following link: WI Representatives Activity. **Deadline for room reservations is August 29, 2018.**

HAVE FUN and LEARN!

Shirley Duerst Conference Chair

2018 Conference Committee Chairs

Conference Chair	Shirley Duerst	608-497-2365	shurly@tds.net
Speaker Chair	Tracey Draper	715-885-8306	wrapspeakerchair@gmail.com
Vendor Chair	Martha Bechard	715-258-8131	mbechard@cccriver.com
Registration Chair	Renee Tatzel	715-778-5545 ext. 239	reneet@svhcs.org
Cultural Arts Chair	Lora Friedrichs	608-556-1170	lorafried@yahoo.com
Local Arrangements	Sally Rocque	715-456-4290	srocque@co.dunn.wi.us
Hotel Chair	Cindy Tewalt	715-834-3976	cindytewalt@gmail.com

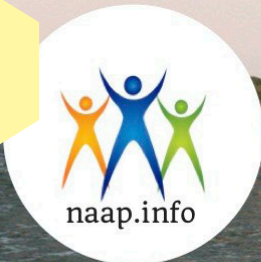


**NATIONAL ASSOCIATION
OF ACTIVITY
PROFESSIONALS**

37th Annual Conference

April 1-4, 2019 | Charleston, SC

**oh, the
Places
You'll
Go!**



Embassy Suites by Hilton Charleston Area
Convention Center

**Join us for the 37th NAAP Annual Conference
in Charleston, SC
April 1-4, 2019**

Wednesday, September 19, 2018 from 12pm – 3:30pm (Lunch NOT provided)

Pre-Conference Intensive

Cindy Lotzer & Ashley Naves

Cindy Lotzer served Seniors as their Activity Director for 10 years. Her presentations have been popular at WRAP, the WI Alzheimer's Conference and area activity groups. Cindy likes making "something out of nothing" ... or at least out of little! She will show us at the Pre-Conference session just how to do that!

Ashley Naves was born in Chippewa Falls, WI. She lived in Eagan, MN and graduated with an Associate Degree in Criminal Justice. She returned to Chippewa Falls to be by family and is currently the Activity Coordinator at Dove Healthcare-Orchard Hills Assisted Living. She also works at the Eau Claire Academy as a Lead Unit Manager with juvenile delinquents. December 2016, she welcomed her son Greyson into the world and enjoys him every day. She enjoys time with her family (including her fiancé), being outside and doing arts and crafts. In her 'spare time', she serves WRAP as its Treasurer.

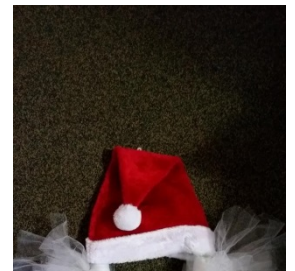
Crafting Round Robin

Come early to the conference and learn some fun, easy crafts you can do with your residents. There will also be variations for all of these crafts and ways for you to adapt them to all abilities. By the time you leave you will have 4 crafts finished (or at least a pretty good start) so you can go back to do them with your residents. **You need to bring a glue stick and scissors that will cut paper and fabric.** All other supplies are provided.



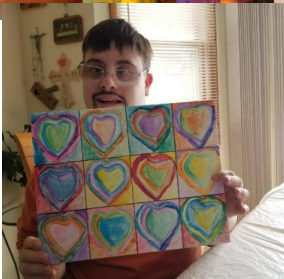
Variations on a Wreath

We will show you this basic wreath and then several variations for different seasons and holidays.



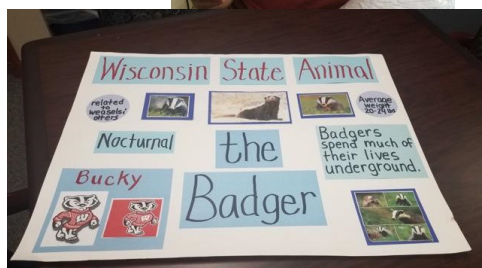
Jar Art

This is an easy craft technique that can be modified to several holiday variations.



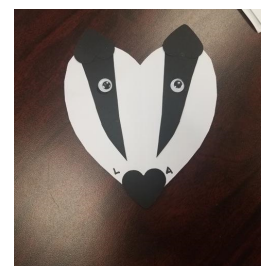
Art Appreciation

Art Appreciation is easier than you think. We will show you how to incorporate a little knowledge about an artist with a craft project. You will be doing a "Kandinsky Inspired" watercolor painting and be shown how to do it step by step with your residents.



Craft/Facts/Trivia on a Theme

This is a simple project for the residents to participate in. It's easy for most residents as all it is, is gluing pieces down. Then, we follow up with an added discussion about the animal project with facts and trivia. Learn how to do this with other



2018 WRAP KEYNOTE **Speakers and Sessions**

Kirsty Blattner

Opening Keynote



Kirsty radiates energy, enthusiasm and excitement. She walks the walk, as a recalibration specialist, talks the talk as a professional speaker and is passionate about helping others shift their lives. Her unique stories, life adventures and training will leave you captivated and spellbound! She'll guide you from stressed to sublime and reframe your stuck-ness to superb motivation.

Master's degree in Education, Certified Life & Health Coach and a Neuro-Linguistic Programmer (NLP). A World traveler (Australia, New Zealand, Bolivia, Peru, Argentina, Singapore, Canada, Italy, Switzerland, Amsterdam, England, Thailand, and the USA), has lived and worked in five different countries and started four entrepreneurial businesses.

Opening Keynote – Soul Stories

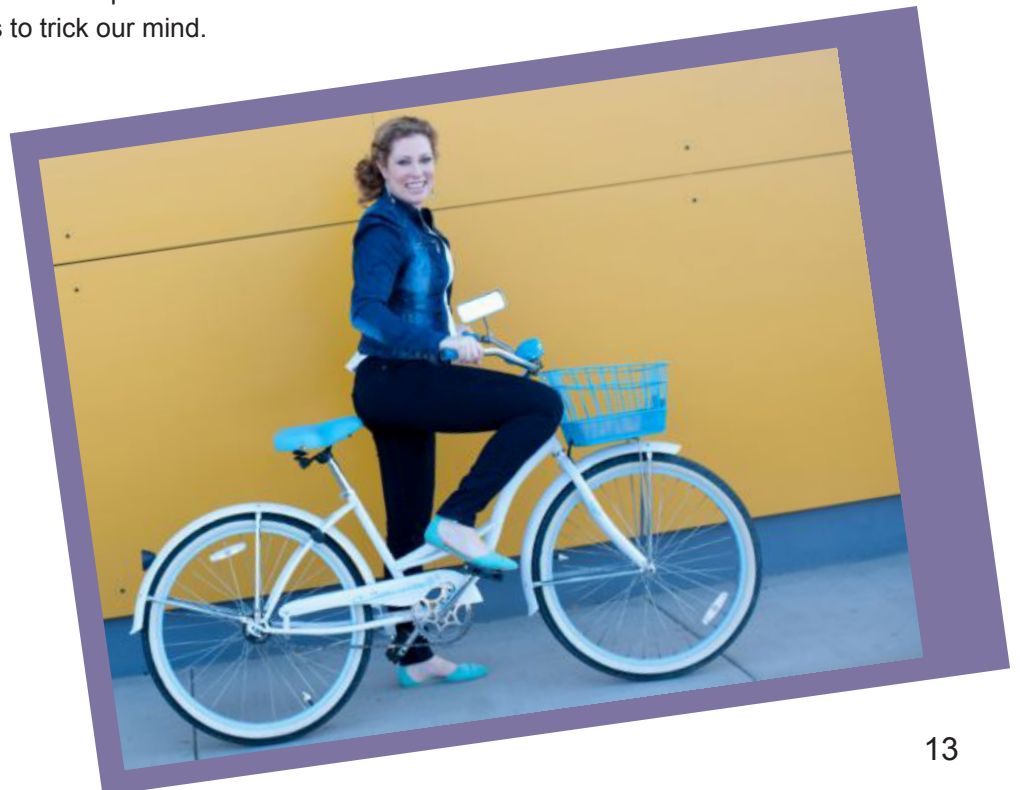
Sublime story telling from her book “Metamorphosis of a Misfit”. These stories will move you from tears to laughter, create discussion and shift perspectives.

1. How to recalibrate you state (shift state of mind through story telling).
2. How to discover others stories.
3. How to be comfortable with uncomfortable stories.

10. Kirsty Blattner – Mind Games

Activities to activate positive mindset. In Neuro-Linguistic Programming (NLP), there is a paradigm that says ‘you always win at the game you are playing.’ Dive into belief systems and shift limiting beliefs into empowered mindsets.

1. How to recognize their unique mind games.
2. How to recalibrate using NLP techniques.
3. How to use physical games to trick our mind.



Former Governor Marty Schreiber Closing Keynote



Former Wisconsin Governor Martin J. Schreiber is an award-winning crusader for Alzheimer's caregivers and persons with dementia. Reaching audiences nationwide at live events and through various forms of media, Marty uses humor and compassion as he shares lessons from his ongoing, decade-plus journey as caregiver.

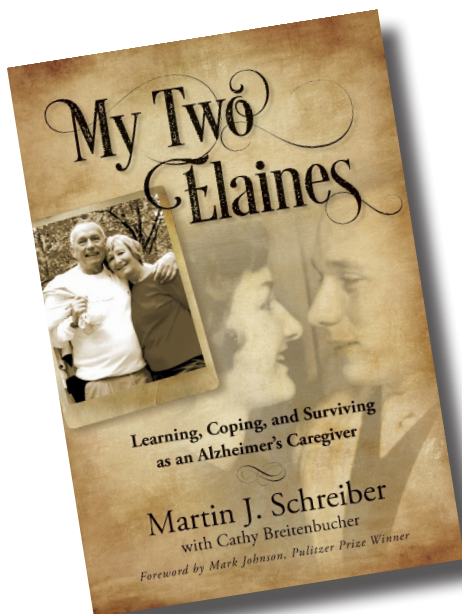
Marty's book, *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver*, is winning acclaim from caregivers across the country. It was named to Caring.com's list of Best Caregiving Books of 2017. Now in its second print edition, *My Two Elaines* also is being

released this year as an e-book and audiobook. Net proceeds are used to promote Alzheimer's caregiver support.

Prior to writing *My Two Elaines* – and while still caring for his wife at home – Marty helped the Alzheimer's Association launch Operation: Stronger Together in 2015. This multi-year awareness program has helped the Southeastern Wisconsin Chapter connect record numbers of families to education and resources that are vital to successful caregiving. He also collaborated with Wisconsin state government and various business groups to help create the online Dementia-Friendly Employers Toolkit, which is now used by human resources departments and employee assistance programs. These initiatives have led to Marty being recognized with awards from the Alzheimer's Association and other organizations.

By the end of Gov. Martin J. Schreiber's presentation, attendees will:

- Appreciate the perspectives of a long-term Alzheimer's caregiver;
- Identify some of the symptoms and behaviors typical of a person with dementia;
- Incorporate useful strategies in interactions with a person with dementia;
- Recognize that Alzheimer's caregivers need practical and emotional support from family members, friends, neighbors, co-workers and employers;
- Understand that, to be successful, Alzheimer's caregivers must access support services from the Alzheimer's Association and local agencies.



2018 WRAP GENERAL Speakers and Sessions

Jessica Radtke

Jessica has been with the Bureau of Nursing Home Resident Care for 20 years and has been the Regional Field Operations Director since 2010. Prior to employment with the state, she worked in Long Term Care and Acute Care settings.

Bachelor of Business Administration in Management from Baker College.

5. Mega Rule: What Have We Learned in 2 Years?

The session will discuss changes to the federal regulations following implementation of the Mega Rule.

- Learn the significant revisions that have been made.
- Understand the role Activities plays.

12. Care Plans – More Than Just A Piece of Paper

How to make a meaningful care plan that staff want to follow.

26. Fireside Chat: Q & A

Have questions for the state surveyors? Get them answered during this relaxed and informal session. Jessica will answer all questions. If she does not have an immediate answer for your question, she will research the topic and offer an answer for WRAP to post on the website.

Joelin Mueller

Joelin started working at Valley VNA Senior Care in December 2007. She has been the Life Enrichment Assistant since May 2014. Becoming a Certified Dementia Practitioner in 2014, she spends most of her time planning and running activities for memory care residents. She has become certified in many different programs over the last 3 years.

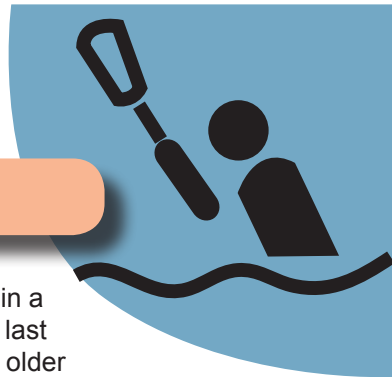
Certified Dementia Practitioner

6. & 20. Namaste Care

Namaste is a Hindu term that means “to honor the spirit within.” The Namaste care program believes and supports the spirit of each individual until the end of life. Come see what Namaste care is all about and how to implement it in your own facility. Learn the outcomes and positives for each resident. Lastly, learn who can be a part of the Namaste care team and how to maintain the program.

“You can see the spirit in their eyes, smiles, and their response to a loving touch. This spirit is one free from disease, the spirit beyond the disease.”





Maureen Birchfield

Maureen has worked at Hedberg Public Library in Janesville for over 17 years in a variety of jobs. She has worked with older adults in several capacities over the last 40 years and is a Certified Geriatric Nursing Assistant. She's now working with older adults in a library setting taking care of the homebound materials delivery program, doing outreach programs in senior facilities, and the in-house program series called Senior Moments targeting older adults. She has also helped put together a new collection of activity items for those with dementia.

17 Years Library Experience and a Certified Geriatric Nursing Assistant.

7. & 25. How the Library Can Help

Your local library is full of all sorts of things to help you do your job better. Learn how to access the wonderful things you may not know the library has.

- Who to talk to at the library.
- What kinds of things does the library have.
- How to use Interlibrary Loan.

Ingrid Constalie

Ingrid graduated from UW-LaCrosse in 1982 with a bachelor's degree in Community Health. She has worked as the Activity Director at Vernon Manor since 1983. She has been on the WRAP board since 2004, serving as a Regional Representative, Historian, Scholarship Chair, and Government Relations Chair. She is the current Vice President and represents the Western Activity Professionals on the WRAP board. She has been the WRAP representative for Leading Age Wisconsin and has represented WRAP in the Wisconsin Dementia Care Redesign project. She has completed Dementia Specialist Training through the Alzheimer's Association, is certified in Music & Memory and Chair Chi. In addition, she is a Certified Dementia Practitioner through the National Council. She recently graduated from the 2017 Wisconsin Women's Network Policy Institute. She has been the site coordinator/accompanist for the Vernon Voices Community Choir that has met in her facility since it began in 1998. She has been part of the Vernon Memorial Hospice Advisory Board for over 30 years, and a member of the UW-L Alumni Band. Ingrid lives in Westby with her husband, Bob, and yellow lab, Molly. She loves reading, music, cooking/baking, and spending time with her family.

Board Certified Activity Director, Certified Dementia Practitioner, 2017 Graduate of the Wisconsin Women's Network Policy Institute

8. Effective Advocacy Strategies

Ingrid attended the 2017 Wisconsin Women's Network Policy Institute to gain skills and strategic know how to successfully engage local and statewide communities on policy issues that matter to Wisconsin women and girls. This session will provide training to WRAP Members to become better advocates and leaders in their community.

- Define differences between public policy and advocacy.
- Name different forms of advocacy.
- State the do's and don'ts of good advocacy.

Sally Rocque

Sally has a Bachelor's Degree in Music Therapy from UW-Eau Claire. She worked at a facility for developmentally disabled for 3 years, before becoming an activity director in the nursing home setting. She and her husband also owned and operated an adult family home for developmentally disabled for 11 years. She is currently the Life Enhancement Mentor and Volunteer Coordinator at the Neighbors of Dunn County in Menomonie, Wisconsin, and has held this position for the past 20 years. Sally is the President of The Chippewa Valley Area Activity Professionals and the Government Relations chair for WRAP.

9. Legislative Update

As the Government Relations chair for WRAP, Sally follows legislative trends, news, and information relevant to our profession, industry and lives. Her presentation will provide a current picture of health care issues.

Beth Propp

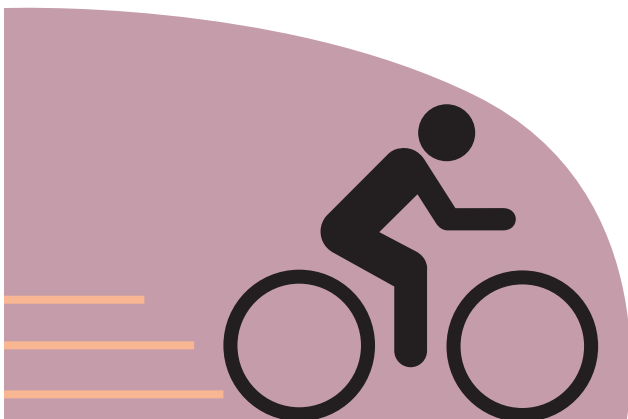
Beth is a compassionate healthcare professional with decades of experience as a Registered Nurse, caregiver, patient advocate, educator and trainer.

Registered Nursing Diploma, Columbia Hospital School of Nursing, Milwaukee, WI 1979; BA Interpersonal & Group Communications, Trinity Int'l University, Deerfield, IL, Salutatorian; Registered Nurse Wisconsin, current.

11. & 16. Compassionate Touch: A Non-Pharmacological Approach that Prevents Behavioral Expression and Builds Care-partner Relationship

Compassionate Touch® is an evidence-informed approach of skilled touch that helps prevent behavioral expressions in people with dementia while, at the same time, reducing job stress in care-partners.

- Describe how skilled touch enables care partners to connect and communicate in new ways with people with dementia.
- Competently perform two skilled touch techniques using the resources and instruction given.
- Explain, as evidenced by self-report, the clinical impact of skilled touch on behavior, pain and anxiety of people with dementia.



William Gardner

Bill Gardner obtained a law degree from Hamline University School of Law and practiced law for 14 years. In 2006, he accepted the position of licensing chief at what is now the State of Wisconsin Department of Children and Families. In 2012, he accepted his current position as the assisted living regional director for the western region of the Bureau of Assisted Living.

Assisted Living Regional Director

13. & 17. Trends in Assisted Living and Regulatory Oversight of Activities

This session will address the current state of assisted living, showing trends in assisted living growth and other areas. There will be a discussion about the difficulties facing providers in trying to meet the activities requirements, the expectations of the public, and what surveyors are finding when investigating activities.

- Current trends in assisted living.
- How the bureau of assisted living views the activities requirement. What issues the bureau of assisted living is finding with regard to activities

Dianne Brakarsh

Dianne Brakarsh, M.Ed., is the creator of Wisdom Dancing™, a creative dance program for older adults and for persons with dementia. She is a choreographer and dance educator, is certified as a Teaching Artist through the National Center for Creative Aging and has studied in the Dance for Parkinson's Disease program with Mark Morris Dance Group, NYC.

M.Ed., Boston University, 1988

14. & 19. The Science and The Soul of Dancing with Dementia: An Evidenced Based Approach

This workshop will examine the multi-dimensional benefits of creative dance for older adults, including those with dementia. We will focus on what makes a dance a uniquely effective intervention as compared with other forms of movement and exercise. Attendees will participate in a brief creative dance session (no experience necessary!) followed by a discussion on how to create and conduct a movement session. By the end of the workshop, participants will be able to...

- Describe the physical, cognitive, social and emotional benefits of creative dance for older adults.
- Understand what makes dance uniquely effective for this population.
- Plan and conduct their own informal creative movement session!



Terri Bartlett

Currently retired, Terri is a former Activity Director of 40 plus years in Illinois and Wisconsin. She also held the roles of Play Skills Group Leader & Supervisor at Glenwood State Hospital & School in Iowa, NCAP Representative, WRAP Public Relations and Strategic Planning Chair, Co-Conference Chair, as well as previous conference speaker on Aroma Therapy, How to Laugh and Clown Around, and Quality Assurance. Her other presentation specialties include: Sensory Programs and What is Activity, Creative ideas & How to free your Creativity. Currently is enjoying time, relationships, writing and being a part time storyteller, 'The Gypsy Spirit'.

15. Start Your Own Creative Writing Group

This interactive session will stretch imagination and creative juices through a variety of fun writing techniques and exercises that can be used to kick start a beginner's writing group and develop it to a higher level, more involved group or to expand one's own creative writing process. Participants need to bring paper and a writing utensil of their choosing.

- Learn & receive guided steps to create a supportive creative writing group.
- Learn a variety of writing techniques that can be shared with others through hands on experience and handouts.
- Learn to experience a specific situation or development or their relationship to the environment through a variety of ways that lead to different outcomes.

23. Touch You, Touch Me, Sensory

An interactive session to support our more sensory residents and your talents and efforts. Let's explore what you do and what you need with hands on trails and critiques. Share successes, challenges, expectations and the whys you do what you do to reach your special residents.

- Review the basics of sensory groups, and through interactive group participation share frustrations, challenges, and successes.
- Have several hands-on experiences sharing critiques & techniques that can be shared with others of all abilities.
- Go home with at least two ideas and a renewed spirit to touch the hearts, minds and bodies of those who need to be sensory validated.

Carmela Mulroe

Outside of raising 5 children, St. Mary's Care Center has held Carmela's heart for the past 22 years. With a liberal arts degree, graduate coursework in Gerontology and studies towards a MA in pastoral counseling, her greatest interest is the spirit and soul of each resident. Her favorite programs are the Whole Heart Worship Service she conducts with residents on Memory Care and encouraging life engagement through TRIBES.

B.A. Liberal Arts and Science, Graduate studies/Gerontology/Pastoral Counseling.

18. Franny The Frazzled Activity Facilitator

Through the created character of 'Franny the Frazzled Activity Facilitator' Activity Professionals have the chance to poke fun at the crazy antics that go into what could never be termed a 'normal day'. Franny, who has been 'recreating' for nearly 100 years (she is after all prone to exaggeration) discusses everything from paid performers who act as if we owe them a living, to Bingo shenanigans requiring bouncers at the door to, 'Why would anyone think donating (fill in the blank) to the Activities Department was a good idea?'

- Laugh out Loud! Connect with other activity professionals as you laugh, cry, and are inspired by the awesomeness of the work you do.
- Be encouraged by stories shared as 'Franny' facilitates the sharing of "I remember the time..."
- Walk away refreshed, enthused and ready to take on another day, week, month and year of doing the thing that makes life worth living.

Colleen Knudson

Colleen Knudson, AP-BC, AC-BC, CDP, CADDCT works as the Director of Activities at Attic Angel Community in Middleton, WI and is the owner of Knudson Consulting LLC. She is currently serving as the President of the Wisconsin Representatives of Activity Professionals and the International Liaison for the National Association of Activity Professionals. Colleen enjoys volunteering her time as a member of the Senior Advisory Council for the Pheasant Branch Conservancy in Middleton, WI and assisting the 'Friends of State Street Family' in Madison. She has a great love for animals and spends her free time with her husband and their two rescue dogs- Skeeter and Monty.

Cindy Tewalt

Cindy Tewalt, RMT, AP-BC, ADC is a graduate of Music Therapy from University Wisconsin-Eau Claire who found her dream job as an Activity Director at Chippewa Manor Community. The facility evolved from providing Skilled Care to include Rehab, Assisted Living and Independent Apartments. After 35 years, she is now planning her own activities as she recently retired and is enjoying traveling and all that retirement brings. Cindy has been involved in all levels of Activity Professional groups, including Chippewa Valley Area Activity Directors and Wisconsin Representatives of Activity Professionals where she served in several capacities, including President and is now serving as the Webmaster. Currently she serves on the National Association of Activity Professionals' Board as Financial Manager.

21. WRAP Board Training

Are you new to the WRAP Board? Or would you want to know what goes on during these meetings? The goal of this session is to be introduced to how the WRAP Board runs. We will cover mission, goals, duties, budgets and the nitty-gritty of the Board. And, the benefits of serving!

* WRAP Board Training co-led by Colleen Knudson, WRAP President and Cindy Tewalt, Past WRAP President.

Julie Hyland

Julie was introduced to Music & Memory while working for the Wisconsin Department of Health Services, Division of Long Term Care, where she was involved with the Dementia Redesign Efforts. As a member of a three-person team, Julie helped to bring the Music & Memory program to Wisconsin nursing homes residents. In 2015 she joined Music & Memory to create intergenerational volunteer opportunities.

Edgewood College, Bachelor Business Administration

24. & 28. Music & Memory: Taking it Beyond the Music; Tablet Engagement

Learn how caregivers are using tablets to facilitate reminiscing, bringing people together and exploring personal histories.

- Utilizing technology to improve an individual's quality of life through increased socialization, purpose, as well as emotional connection and trust with caregivers.
- How to use an existing Music & Memory program to accelerate engagement.
- The positive impact tablet engagement is having on family, staff, and volunteers.

Elizabeth Lewis

Elizabeth Lewis has been a wellness workshop presenter and motivational speaker since 2002. She is trained and certified in a variety of stress resilience modalities, including mindfulness-based stress reduction, HeartMath and forgiveness facilitation. She has a private personal development and spiritual directorship practice in Mequon, WI.

Stress Management Teacher Certification, Feel Your Best Horizon Stress Management Program, Milwaukee, 2007; licensed HeartMath provider since 2010, Institute of HeartMath, Boulder Creek, CA; Franciscan Studies Certification, Cardinal Stritch University, Milwaukee 2011; The Midwest Institute for Forgiveness Training, 2012

22. Self-Compassion: Learn to be Kinder to Yourself

Self-compassion means offering kindness to yourself during difficult times, when you make mistakes or notice something you don't like about yourself; it means realizing that suffering and imperfection are part of the shared human experience. Self-compassion is not self-indulgence but self-care, confirmed by science as the cornerstone of emotional wellness.

- Identifying the difference between self-indulgence and self-care.
- Learning on-the-go and other self-compassion practices.
- Identifying the benefits of self-compassion in the workplace

27. Coping with Compassion Fatigue

Compassion fatigue is a form of care-giver burnout, manifesting in deep physical, emotional and spiritual exhaustion. Those who have experienced compassion fatigue describe it as being sucked into a vortex that slowly pulls them down, eroding empathy, compassion and connection for and to others - and one's best self.

- Identification of the causes, signs and symptoms of compassion fatigue.
- Learning strategies and tools for coping with compassion fatigue/burnout.
- Learning strategies for how to develop a self-care plan.

Gary Glazner

Gary Glazner is the founder and Executive Director of the Alzheimer's Poetry Project. He is the recipient of the 2013 Innovations in Alzheimer's Disease Caregiving Legacy Award. NBC's "Today" show, PBS News Hour and NPR's "All Things Considered" have featured the APP. Glazner is the author of *Dementia Arts: Celebrating Creativity in Elder Care*.

B.A. in Expressive Arts/Poetry, Sonoma State University

29. Celebrating Creativity in Elder Care

Use poetry and the arts to encourage and facilitate communication with people with dementia in a fun and unique way! Demonstrate how anyone--not just poets or artists--can incorporate creative verbal expression into activities of daily living (as well as day-to-day activities) in an effortless, economical, and enjoyable way. Using simple techniques that build on poetry as a communication tool, you can achieve positive outcomes with people in all stages of dementia, as well as those with challenging behavior.

- How to structure a poetry program.
- Use of "call and response" to facilitate group performance of poems.
- Use of open-ended questions to create group poems.