

Registration Fees

PRE-CONFERENCE INTENSIVE*

Includes box lunch and 6 continuing education hours.

Pre-Conference Intensive* (Wednesday) Teepa Snow

Early Fee: \$ 75.00 postmark on or before September 1st Regular Fee: \$100.00 postmark after September 1st

* This session is **NOT** included in 3-day entire conference fee; it is a working lunch - box lunch included.

ENTIRE CONFERENCE

Includes Wednesday evening, Thursday lunch and Thursday Awards Banquet *This fee does not include the Pre-Conference Intensive Session

Early Registration (postmark on or before September 1, 2017)

WRAP MEMBERS \$200.00 Non-Members \$300.00

Regular Fee (postmark after September 1, 2017)

WRAP MEMBERS \$225.00 Non-Members \$325.00

THURSDAY ONLY

Includes Thursday lunch, does NOT include Thursday Awards Banquet If attendees wish to attend, a dinner must be purchased separately

Early Registration (postmark on or before September 1, 2017)

WRAP MEMBERS \$160.00

Non-Members \$200.00

Regular Fee (postmark after September 1, 2017)

WRAP MEMBERS \$185.00 Non-Members \$225.00

FRIDAY ONLY

Early Registration (Postmark on or before September 1, 2017)

WRAP MEMBERS \$90.00

Non-Members \$115.00

Regular Fee (postmark after September 1, 2017)

WRAP MEMBERS \$115.00

Non-Members 140.00

WRAP's Tax EIN#: 39-1501229

Make Check Payable to:

WRAP CONFERENCE

Mail Registration Form and Payment to:

Renee Tatzel

Director of Activity Services
Spring Valley Health & Rehab Center

S830 Westland Dr.

Spring Valley, WI 54767

• work: 715-778-5545 ext. 239 • email: reneet@svhcs.org
Please, double check to be sure ALL forms (pgs A and B) are filled out neatly
and payment accompanies the registration form.

No credit cards or purchase orders.





Stevens Point WI Hotel and Convention Center 1001 Amber Avenue Stevens Point, WI 54482

http://stevenspointwihotel.com/

Phone: 715-344-0200

Map to the Hotel:



ALL rooms \$99.00 + taxes per night available until August 14, 2017. Guests can book their reservations online 24 hours a day by using the following link:

WI Representatives Activity

By phone: 715-344-0200 and press #3. Reference the group name, WI Representatives Activity Professionals, or the Group Block Code: RAP.

REIGN SUPREME IN 2017

Wednesday, September 20, 2017

7:00am – 9:00am Registration/Cultural Arts Registration/Silent Auction drop off

9:00am - 3:30pm 1. Pre-Conference Speaker - Teepa Snow

"Activities and Programming for Men"

"Developing Activities that have Meaning and Work"
"Promoting Wellness and Well-Being after the Diagnosis"

3:30pm – 6:00pm **Vendors are Open**

4:00pm – 5:30pm 2. WRAP Annual Membership Board Meeting (open to everyone)

6:00pm – 8:00pm Registration/Cultural Arts Registration/Silent Auction drop off

5:30pm – 6:30pm Food and Networking

6:30pm – 7:30pm 3. Vendor Session: Tips and Ideas

7:30pm – 9:00pm Silent Auction

7:30pm – 9:00pm Shopping With Vendors

7:30pm – 9:00pm Relax Like Royalty

Thursday, September 21, 2017

7:00am – 8:00am Registration / Cultural Arts Registration

8:00am – 8:30am Welcome/Announcements/Call of Regions

8:30am – 9:30am 4. **Opening Keynote:** Vanessa Emm – "Staying Positive in a Negative World"

9:30am – 10:00am Break / Cultural Arts / Vendors / Silent Auction Open

10:00am – 11:00am BREAKOUT SESSION 1

5. Jim Alft – Introduction to Essential Oils

6. Terri Bartlett – Exercise Your Creativity

7. Shirley Duerst – Watercolor 101 for Seniors

8. Patricia Durham – Activities for Those Precious Gems

11:00am – 12:00pm Break/Silent Auction/Vendors

FINAL DRAWING, FINAL SALES. / CULTURAL ARTS CLOSED @ NOON

11:30am – BUFFET LUNCH

12:00pm – 1:00pm Session held during Lunch. 9. Legislative Update 2017-Sally Roque

1:15pm – 2:15pm BREAKOUT SESSION 2

10. Rhiannon Noble & Cindy Lotzer – Workboxes: An Activity with Purpose

11. Terri Bartlett – Crafts For Quality & Fun

12. Rebecca Frize – Music & Dementia; More Music Fun & Games

13. Shirley Duerst - Positive Outcome with Unique Personalities (networking session)

2:15pm – 2:30pm **Break**

Thursday, September 21, 2017 (Continued...)

2:30pm – 3:30pm BREAKOUT SESSION 3

14. Rhiannon Noble & Cindy Lotzer – Workboxes: An Activity with Purpose (repeat)

15. Jim Alft – Introduction to Essential Oils (repeat)

16. Vanessa Emm – Adapting Activities to Meet Individual Needs (Baby Boomers, Rehab/Short-Term Stay, Younger Residents)

17. Rebecca Frize – Music & Dementia; Even More Music Fun & Games (Not a repeat, additional information)

3:30pm – 3:45pm Break

3:45pm – 4:45pm BREAKOUT SESSION 4

18. Renea Dahms - Therapy Dogs in Action

19. Carmela Mulroe - TRIBE (True Relationships Build Engagement/Empowerment)

20. Patricia Durham – Activities for Those Precious Gems (repeat)

21. Colleen Knudson & Cindy Tewalt – WRAP Board Training

6:00pm - 9:00pm Cash Bar

6:45pm – 7:00pm Scholarship Bingo Card Sale at Door

7:00pm Extreme Bingo, Annual Banquet & Awards Ceremony

Friday, September 22, 2017

7:00am – 8:00am Registration / Hotel Checkout / Silent Auction

8:00am - 9:00am BREAKOUT SESSION 5

22. Jessica Radtke – Impact of Mega Rule

23. Jonathan Irish – Introduction to Horticulture Therapy

24. Melissa Stockwell - Music in Life

25. Vanessa Emm – Department Compliance: How to be Your Own Consultant

9:20am Silent Auction Ends!

9:30am – 10:30am BREAKOUT SESSION 6

26. Jessica Radtke – Impact of Mega Rule (repeat)

27. Jonathan Irish – Connecting With Nature (Horticulture Therapy)

28. Vanessa Emm – Planning Quality of Care for Residents with Behaviors

29. Melissa Stockwell – Music in Life (repeat)

10:30am – 10:45am **Break**

10:45am – 11:00am **2018 Conference Promotion**

11:00am – 12:00pm 30. Closing Keynote: Bill Schultz - "The Power of Acceptance"

12:00pm – 12:30pm Closing Comments / Pick up and Pay for Silent Auction

Wisconsin Representatives of Activity Professionals

Payment needs to accompany registration form.

No refunds will be made after September 1, 2017.

39th Annual Conference September 20-22, 2017 Holiday Inn, Stevens Point, WI



OFFICE USE ONLY: dt. rcv'd:/17 fc# amt:	

PLEASE print (all fields)cle						
		WRAP REGION:				
Day Phone: () _	Evening	g Phone: (
	: I understand it is my responsibility to make sure I am ublications or on the WRAP website: Please Initial:		video recording if I do not want my			
WRAP Annual Memb	ership (fill out the enclosed membership	form and mail with registration)) \$ 35.00			
* This session is	Pre-Conference Int Teepa s NOT included in 3-day entire confe \$ 75.00 Early (Postmark	Snow rence fee; it is a working lui	nch - box lunch included.			
	\$100.00 Regular Fee (Po	stmark after September 1, 201	17)			
(This fee does not inclu Early Registration WRAP MEMBE Non-Members Please mark the r Lunch Banquet Regular Fee (Postma WRAP MEMBE Non-Members	\$300.00 meals you plan to attend. (Thursday) (Thursday) ark after September 1, 2017) ERS \$225.00	WRAP MEMBERNon-Members Please mark the meLunch Regular Fee (PostmarkWRAP MEMBERNon-Members	nch) (Postmark on or before September 1, 2017) RS \$160.00 \$200.00 eal you plan to attend. (Thursday) k after September 1, 2017) RS \$185.00 \$225.00 eals you plan to attend.			
	(Thursday)	Friday Only (Septe	ember 22)			
Banquet Mail Registration Fo	(Thursday	(This fee does not include Early RegistrationWRAP MEMBER	e <i>meals)</i> . (Postmark on or before September 1, 2017 RS \$ 90.00			
Renee Tatzel Director of Activity Services Spring Valley Health & Rehat S830 Westland Ave. Spring Valley, WI 54767		Regular Fee (Postman WRAP MEMBER Non-Members				
Total Amount Enclose			·			
•	O: WRAP CONFERENCE	Early (Postmark on or befor	et meals are available for guests. re September 1, 2017)			
	EIN#: 39-1501229	- `	nberTotal:			
	OUT & MAIL both pgs A & B RDS! NO PURCHASE ORDERS!	Regular Fee (Postmark at				
	to accompany registration form	\$55.00 each. Nui	\$55.00 each. Number Total:			

For SPECIAL Meals and Diet restrictions.

Please contact the Hotel

PAGE B : Mail this Page

Wisconsin Representatives of Activity Professionals

WRAP

name of attendee:

Mark a 1st and 2nd choice for each Breakout Session. Wednesday and Keynote sessions only require an X to note participation

Wednesday,	September	20, 2017
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9:00am – 3:30pm 1. Pre-Conference – Teepa Snow 4:00pm – 5:30pm 2. WRAP Annual Membership Board Meeting (open to everyone) 6:30pm – 7:30pm 3. Vendor Session: Table Tips and Ideas
Thursday, September 21, 2017
8:30am – 9:30am 4. Opening Keynote: Vanessa Emm – "Staying Positive in a Negative World
10:00am – 11:00am Breakout Session 1
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6. Terri Bartlett – Exercise Your Creativity7. Shirley Duerst – Watercolor 101 for Seniors
8. Patricia Durham – Activities for Those Precious Gems
12:00pm — 1:00pm 9. Legislative Update 2017 – Sally Rocque Government Relations Chair
1:15pm – 2:15pm Breakout Session 2
10. Rhiannon Noble & Cindy Lotzer – Workboxes: An Activity with Purpose
11. Terri Bartlett – Crafts For Quality & Fun
12. Rebecca Frize – Music & Dementia; More Music Fun & Games
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11:00am - 12:00pm 30. Closing Keynote: Bill Schultz - "The Power of Acceptance"

WISCONSIN REPRESENTATIVES OF ACTIVITY PROFESSIONALS MEMBERSHIP APPLICATION 2017-2018

Date:	3601 S. Chicago	Ave, South	willwaukee, w	153172
	Check box of preferr			
Name: Facility:				
Home Address:				
			State	Zip
Facility Address:				
		•	State	-
County:	# of Years Act	tivity Profe	ssional:	
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Professional Memberships: NA	AAP Regional Grou	p	Other	
□ Adult Day Care □ Assi □ Senior Center □ Subace Certification: NAAP: □ AP-BC □ NCCAP: □ ACC □	cute Consultant CMe			
Other:				
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Cultural Arts by Lora Friedrichs, ADC

The Cultural Arts is right around the corner and preparations are under way for another great event. Please consider submitting your resident's work of art in this year's Cultural Arts. You will find the pre-registration form below, which is to be completed and mailed to:

Lora Friedrichs, 505 Jacobson Ave. Madison, WI, 53714

On or before Thursday, September 14, 2017.

Conference Registration form MUST be attached.

The Conference Registration form MUST be attached to EACH entry at the time it is brought to conference.

Long term care facilities copy both forms on **WHITE PAPER** and **all other facilities** copy both forms on **BLUE PAPER**.

If you have any questions contact Lora at lorafried@yahoo.com or mp_activity@thealdennetwork.com.

The Cultural Arts Committee is in need of assistance at Conference with the display of entries. If you are attending the conference and are interested in helping, please contact Lora at either e-mail address above.

Conference Registration Form

Please COMPLETE and ATTACH TO EACH PROJECT when you bring them to Conference

Project done byGroupIndividual				
Name of Resident:				
Address:				
City:				
Facility:				
(Circle one) Assisted Living CBRF Long Term Residential RCAC Day Center				
WRAP Member:				
Category:				
Description:				
Percentage of project completed by resident%				
Long Term Facilities: White Copies & All Other Facilities: Blue Copies				

Cultured Arts Show is open to WRAP MEMBERS ONLY!

You must <u>Pre-Register</u> all entries and NO LATE ENTRIES WILL BE ACCEPTED.

Remember all pre-registration forms MUST BE RETURNED BY THURSDAY, SEPTEMBER 14, 2017.

RETURN FORMS TO: Lora Friedrichs, 505 Jacobson Avenue, Madison, WI 53714

WRAP CULTURAL ARTS PRE-REGISTRATION FORM

To enter the Cultural Arts Show, All entries MUST be pre-registered

Each resident may enter as many categories as he/she chooses, but ONLY ONE entry per category.

PLEASE PRINT THE RESIDENT'S NAME CLEARLY AS IT SHOULD APPEAR ON THE CERTIFICATE

TYPE OF FACILITY: (circle one) ADDRESS/CITY:	ASSISTED LIVING	CBRF	LONG TERM	RESIDENTAL	DAY CENTER	RCAC
A/DAD MENADEDS NAME:				Phone numbe	r:	
CHECK CATEGORY:						
Artwork	Knitting		Prose		Stamping/Stenciling	
Computer Generated	Needlework		Quilting		Weaving	
Crocheting	Painted Objects		Recycled Craft		Wood Working	
Garden Art	Paper Craft		Scrapbook	Pleas	e Circle: Original o	r Kit
Holiday Craft	Photography (matte	ed)	Sewing		Other	
Jewelry/Beadwork	Poem		Short Story (<30	000 words)		
DESCRIPTION OF ENTRY:						

ALL ENTRIES NEED TO BE ACCOMPANIED BY A REGISTRATION* (Located at the top of page)

Each entry will be judged individually, on its own merit, and must have been completed within the last year. Entries are judged on appearance, workmanship, design, originality, color, harmony, and percentage of resident's participation.

*Poem: A piece of writing which has rhythm and rhyme. *Prose: The ordinary form of language without rhyme or meter.

"BEST OF SHOW" Awards will be chosen from the first place winners.

Cultural Arts Registration hours will coincide with Conference Registration hours

Remember to copy Long Term on White paper and All Others on Blue paper!!!!!!!!!

Vendors Table TIPS

This session is a unique opportunity for vendors and attendees to network with each other. We will learn about new innovative products to promote meaningful engagement. This session will qualify as approved session and a continuing education will be available with attendance.

The products can then be purchased in the vendor area following the session. It is important that we take advantage of the opportunity to talk directly to the vendors. There will be opportunities for special prizes and rewards during vendor shopping hours. The Vendor Table Tips event is held on Wednesday evening from 6:30pm – 7:30pm.

Don't forget to bring along your tax exempt number, purchase orders, etc. It is important that we support the vendors in order to encourage their participation in our future conferences. Shopping with Vendors 7:30pm-9:00pm.

Vendors OPEN SCHEDULE

Open Wednesday from 3:30pm – 6:00pm Vendor Tips 6:30pm – 7:30pm Vendor Party 7:30 – 8:30pm Thursday Open Vending Times:

9:30am -10:00am and 11:00am -12:00pm

Continuing Education

Achieve 16 hours of continuing education during this conference by attending all offered sessions (including the Pre-Conference Intensive). WRAP has made application to NAAPCC and NCCAP for approval of 16 hours. A form to purchase Continuing Education Units (CEU's) can be picked up at the Registration Area at Conference. You will be responsible to make copies of your session certificates, fill out the CEU form, and send it to UW Marathon County for your credits. The cost is \$15.00 Conference chairs will try to honor all session requests. Please plan to attend only the sessions that are assigned to you. This year the education certificates will be all on one sheet with "secret words" given out at each session.

Cultural Arts

It's that time of the year again! The 2017 conference is right around the corner and you need to decide what projects you will be entering into Cultural Arts. As usual there is a deadline to turn in your entry forms this year, post marked by Thursday September 14, 2017.

Cultural Arts is open to WRAP MEMBERS ONLY. See the July newsletter or go to WRAP. org to download or print off a copy of the entry form. Each project must have been completed by residents within the last year. Each individual project must have an entry form and group project must have all names of participants on one form.

Just a reminder that any facility other than SNF should use blue paper as their entry and SNF uses white paper for their entries. Please make sure you write the names of your residents CLEARLY, so their certificates reflect the correct name. You can enter as many projects in Cultural Arts as long as there is only one project per category. There are 23 categories in which you can submit a project to.

Each person who participates in the Cultural Arts will receive a certificate of participation and a panel of local judges will view each entry which is judged on merit. Each entry will receive a ribbon and the top 6 entries are given the special honor of "Best of Show" and will be recognized at the awards banquet. This is a great way to encourage and promote art expression with your residents. We look forward to seeing all the wonderful and amazing projects this year at conference.

For more information contact:

Lora Friedrichs, ADC Phone: 608-556-1170 or

Email: lorafried@yahoo.com or

mp_activity@thealdennetwork.com

Join us for our 25th Annual Scholarship RAFFLE!

Once again there will be Extreme Bingo to be played at the start of the Banquet and Awards Ceremony. Bingo cards will be available for purchase at the entrance to the Thursday Banquet from 6:45 – 7:00pm for \$5 each. If you purchase 3 or more cards you will receive a ticket for each card that enters you into a drawing for a free night stay at the Holiday Inn-Stevens Point. Bingo prizes will include \$10 gift cards and other surprises. By participating in this event you are supporting the Scholarship Fundraiser for Activity Professionals who have demonstrated a desire to further their professional knowledge of the activity field.



Future Conferences

40th Annual WRAP Conference September 19-21, 2018 at the Hotel Marshfield, Marshfield, WI.

AWARDS BANQUET

We invite you to attend the 39th Annual WRAP Awards Banquet on Thursday evening. Dinner will begin at 7pm and a cash bar available from 6-9pm. The awards ceremony is to follow the meal.

Silent AUCTION

This year we will have a Silent Auction with funds raised going towards scholarships, including educational and WRAP conferences. Make sure you stop in and check out these great items. Bidding will begin Wednesday evening at 7:30 pm and will close on Friday at 9:20 am. Payments will be taken directly following the Closing Session. If you are interested in donating a Silent Auction item, Please contact Cindy and Rhiannon at: cindyl@waterfordseniorliving.com

WRAP Member Info

We invite all members to review WRAP's Annual Report. It can be found on the WRAP website: www.wrap-wi.org. If you have any questions, we encourage you to seek out a WRAP Board Member for clarification.

Relax Like Royalty

Join us in the commons area from 7:30pm to 9:00pm on Wednesday, September 20th and get pampered. We will have Aroma Touch Therapists and Natural Healing Massage Therapists on hand while you enjoy relaxing background piano music. Tips will be appreciated.

Conference Objective

WRAP presents its 39th Annual Conference to educate, motivate and revitalize Activity Professionals, Therapeutic Recreation Specialists, Nursing Home Administrators, Social Workers, Consultants and other professionals working in nursing homes, assisted living, adult day services, senior centers and community based residential facilities.

We offer educational sessions that focus on the varied professional and personal needs of the attendees. We support and encourage the sharing of knowledge and experience with other professionals. We provide attendees with the opportunity to grow in leadership, professionalism and knowledge to bring back vital information related to activities for enhancing the residents' quality of life.



Message from the Conference Chair

Welcome to WRAP's 39th Annual Conference. We hope you enjoy the wide array of fabulous speakers including **Teepa Snow!**

Please stop by to see the Vendors, participate in the Silent Auction and enjoy the Cultural Art projects made by residents all over Wisconsin. Take time to thank our Conference Committee members.

If you are not a current member of WRAP, now is the time to join and take advantage of lower conference rates. Simply complete the membership application in this brochure and add with your conference payment. Make sure that all forms are printed clearly. Incomplete forms will delay the processing of your registration and membership. Confirmation letters will be sent via email so be sure to print your email address legibly.

Register EARLY-prior to September 1st for the EARLY Conference Rate.

Make your room reservations directly to Holiday Inn Hotel & Convention Center at the following link: WI Representatives Activity. Deadline for room reservations is August 14th.

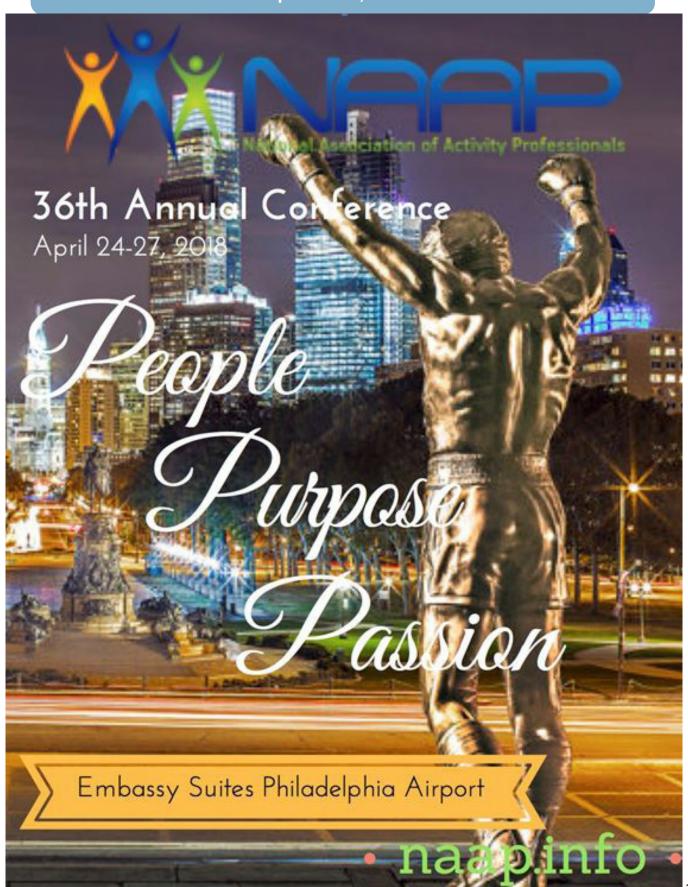
HAVE FUN and LEARN!

Shirley Duerst Conference Chair

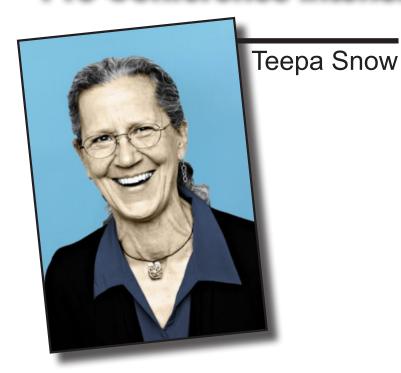
2017 Conference Committee Chairs

Conference Chair	Shirley Duerst	608-497-2365	shurly@tds.net
Speaker Chair	Tracey Draper	715-885-8306	wrapspeakerchair@gmail.com
Vendor Chair	Martha Bechard	715-258-8131	mbechard@cccriver.com
Registration Chair	Renee Tatzel	715-778-5545 ext. 239	reneet@svhcs.org
Cultural Arts Chair	Lora Friedrichs	608-556-1170	lorafried@yahoo.com
Local Arrangements	Tara Paskiewicz	262-653-3834	tara.paskiewicz@kenoshacounty.org

Join us for the **36th NAAP Annual Conference in Philadelphia**, PA **April 24-27**, **2018**



Pre-Conference Intensive



Activities and Programming for Men

This session is designed to help caregivers and family members provide the type of activities which appeal to men. There will be a discussion of categories of activities to be provided on a regular basis to ensure that life is filled with value and meaning. The importance of exploring the person's history and preferences for engagement will be discussed. Progression of dementia will then be reviewed as it relates to need to modify activities for success. Common activities that are typically effective for men, will be provided. Finally strategies to promote engagement will be demonstrated and discussed.

Objectives: By the end of this session, learners will be able to:

- 1. Discuss categories of activities that should be provided on a regular basis to ensure a healthy routine for a male individual with dementia
- 2. Recognize the value of personal history and personal preferences in developing and providing activity programs that work
- 3. Compare changes that accompany progression of dementia and the need to modify activities for continued engagement and involvement
- Identify typical activities that are meaningful to men and meet their needs for productivity, relaxation, personal care, socialization, and spirituality.

Today's Voice for Dementia, Teepa Snow is one of the world's leading advocates and educators for anyone living with dementia. Teepa's philosophy is reflective of her education, work experience, medical research, and first hand caregiving experiences. Her advocacy efforts led her to the development of the GEMS® dementia classification model and the Positive Approach® to Caretraining strategies. An Occupational Therapist by trade, she graduated from Duke University and has an MS degree from the University of North Carolina in Chapel Hill. Teepa has over 35 years of clinical experience in the field of geriatrics and dementia care, as well as having provided care to family members with dementing illnesses. Currently, she has an independent practice as well as clinical appointments with Duke University's School of Nursing & UNC-CH School of Medicine. She provides interactive and creative educational and practical hands-on training sessions to organizations and providers throughout the US, Canada, Australia and the UK. She has been actively involved in teaching and clinical research projects throughout her practice career. Teepa has impacted hundreds of organizations worldwide with her education, now sold in over 30 countries Teepa's personal mission is to help others better understand how it feels to be living with dementia. She utilizes her gifts of role play to demonstrate behavioral states and stages of dementia. This results in greater understanding for her audiences. Her company, Positive Approach, LLC, was founded in 2006 and offers person centered training opportunities in the United States, Canada, Australia and the UK. If you visit www.teepasnow.com, you'll find educational video clips, DVDs, books, information on individual certifications, online support groups, newsletter subscriptions, and onsite training. And you can sign up for the free Dementia Journal which goes out every month.

Until There's a Cure, There's Care!



Developing Activities that have Meaning and Work

This workshop will help activity providers and direct caregivers develop and offer activity programs that are appropriate and effective when residents have various degrees of cognitive impairment. The session will help the learners to better understand activities regarding their skill demands and value for the person. Emphasis will be placed

on providing caregivers with the skills needed determine the resident's remaining and interests skills and then selectina activities that would promote interaction and engagement while distress and reducing isolation. The session will be very interactive and will build observation skills. hands-on helping skills, and ability to use simple, inexpensive tasks materials to help residents feel productive and involved.

Objectives:

- Describe the concept of 'meaningful activities' in conjunction with the different stages of dementia
- 2. Describe the different categories of time use that make up a balanced day for a client with Alzheimer's disease
- 3. Describe potentially meaningful that match a client's needs, abilities, and history.
- 4. Use selected activities and hands-on skills to promote resident participation and engagement, regardless of the level of impairment.



Promoting Wellness and Well-Being After the Diagnosis

This session is designed to help professionals provide support and guidance after a 'diagnosis' of dementia has been made. The importance of encouraging both the person with dementia and their care partners to learn

> more about themselves and each other so that they can continue to find value, enjoyment, and fulfillment will be a key focus of this session. During the session, we will explore how the presence of dementia effects how life is lived after the condition is recognized, for both the person with the disease and their 'care' providers. The importance of personality traits, environmental and activity preferences, planning and organizational needs and desires, stress indicators, inducers, and reducers, and preferred routines and habit patterns for each person. It will become evident that once partners understand their own need and preferences and can explore the

needs and preferences of the person who is developing a dementia, they will be able to put this knowledge and awareness to work for them so that days come together more often than they fall apart! Some recommendations will be made based on common changes that come with dementia, while others will be based on what helps or bothers each person. One point of emphasis will be on the importance of helping the care partner and the person with dementia reach out to others so that each has options and support beyond the other person.

Objectives:

- Discuss the importance of knowing the person living with dementia and the care partner in effectively planning and creating days that work well and schedules that meet both people's needs and preferences.
- 2. Identify and compare strategies for stress identification and stress reduction for both the person with dementia and their care providers.
- 3. Use tools to help partners develop daily programs and routines that are beneficial and meet both partners' needs on a regular basis.

2017 WRAP KEYNOTE Speakers and Sessions

Vanessa Emm

Opening Keynote

Vanessa Emm is a Certified Activity Consultant/Instructor/Educator by the National Certification Council of Activity Professionals (NCCAP), a Consultant through the National Association of Activity Professionals Credentialing Center (NAAPCC), and a Certified Alzheimer's Disease and Dementia Trainer through the National Council of Certified Dementia Practitioners (NCCDP). Vanessa currently serves as the Operations Manager for the National Association of Activity Professionals (NAAP). Vanessa has been in the long-term care field for the past 15 years. She currently works as an Activity Consultant to facilities throughout Northern Nevada. She has

presented at national conferences, state conferences and workshops. Vanessa received her Bachelor's Degree in Gerontology from Minnesota State University Moorhead with an emphasis in Biology and additional training in research and grant writing.

"Staying Positive in a Negative World"

If you need a boost of positivity in your work environment and life there are basic components to enhance your positive success. Purpose driven, people centered, and life changing. This session will dig into these core areas and how to apply them to self and your Activity Department. Light can always be found, even in the darkest corners.

- Techniques to thrive and succeed during challenging situations and rise above.
- 2. How to test the waters and cool your heels.
- 3. Conviction on what's really important.

16. Adapting Activities to Meet Individual Needs

Activity programming vs. independent leisure routines/resources, how to adapt? Activity departments have always been unique when it comes to adapting our services. This session will give a unique perspective to service specifically geared towards activity professionals working with varied populations.

- Participants will learn about practical applications and innovative program ideas designed for specialty groups.
- Participants will learn about to custom design programs and/or resources that will meet individual needs.

25. Department Compliance: How to be Your Own Consultant

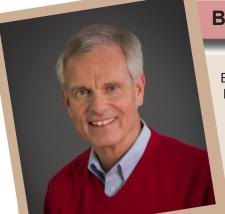
Be your own Consultant! This session will explore the tools that Activity Professionals can utilize to self-monitor their department to remain in compliance from month to month. This session will dip into personal inspirations and provide practical applications to ensure the department runs efficiently and effectively.

- 1. Participants will be given tools to effectively monitor and maintain compliance within their department.
- 2. Participants will be provided with Consultant in-sight on red-flags, what to look for, how to monitor, data collections, and resolution techniques.

28. Planning Quality of Care for Residents with Behaviors

This session will take a closer look at developing and implementing care plans that are specifically designed to meet the needs of our residents that display behaviors in and out of activities. Behaviors can have a large impact on your residents quality of life, it is vital as Activity Professionals that we piece together the puzzle to provide quality services and programming that meets their individualized needs. This session will provide participants with a step by step review of the care planning process

- 1. Participants will observe how to develop and implement appropriate behavior specific care plans.
- Participants will have a better understanding of the impact behaviors have on quality of life and programming.
- 3. Participants will learn ways to avoid "over selling" interventions and avoiding failure.



Bill Schultz

Closing Keynote

Bill Schultz has owned his executive search firm, Sales Consultants, in Madison, Wisconsin for over 28 years, working with corporate clients nationwide. Prior to that, he worked for General Electric for many years in sales and marketing as well as with two startup software companies. He is a graduate of Rutgers University where he was involved in varsity sports as a team manager and in the college Glee Club.

Bill has been active in the Madison community as a Little League coach, a Goodwill Industries board member, past President of the Badger Basketball Booster Club, a volunteer with the First Tee youth golf program, and a weekly volunteer at the American Family Children's Hospital. He served as an elder and church chairman at Blackhawk Church in Madison.

Bill has experienced a full life. An athlete, business owner, a husband, father, and grandfather. What makes Bill's life story extraordinary is how it all began. He was born with severe congenital deformities – but was able to overcome unbelievable obstacles through the power of acceptance and encouragement from others – his parents, his family and friends, and his faith in God.

Bill recently published a book about his life story titled – "Short-Handed: A Young Boy's Triumph Over Adversity".

Bill and his wife, Kathy, have lived in Madison since 1987 and this year celebrated their 43rd wedding anniversary. They have two children – Brian, who lives with his wife, Rachel, and their two daughters, in Fort Collins, Colorado; and their daughter, Bethany, who lives in Madison.

"The Power of Acceptance"

Bill Schultz considers himself blessed. Early in life, he was a great athlete and a student leader. As an adult, he excelled in the corporate world and as a business owner. He's a loving husband, grandfather, and leader in his community and church.

But what makes Bill's life story extraordinary is how it all began.

Bill was born with severe congenital deformities of his left arm and hand and his right leg, which was amputated shortly after birth. He overcame these unbelievable obstacles through the acceptance and encouragement of many people in his life.

From the moment he was born, Bill was accepted and loved by his parents and extended family. Throughout his life, schoolmates, co-workers, friends, his wife, and his children continued that same level of love and encouragement. With this unending support, and God's grace, Bill overcame many physical and emotional obstacles, and achieved both personal and career happiness and success.

Bill's life journey is a powerful message of faith, grace, and hope!

Bill will share his life story, a story of acceptance and encouragement.



2017 WRAP GENERAL Speakers and Sessions

Jim Alft

Jim studied at Fox Valley Technical College in the Food & Nutrition Programs. His work history in this field is as follows: Kerry Ingredients Quality Assurance Laboratory Technician, Lands' End Business Outfitters Quality Assurance Coordinator.

He also studied at Valley Forge Christian College in the Children's Ministry Program. Jim holds the following: Credentials of Ministry with Universal Life Church, Department Of Instruction Special Education Aide License. He has a passion for and is currently assisting individuals with intellectual disabilities. Married for 22 years, Jim and Ronda have three children. In July of 2014 Jim was introduced to doTerra Essential Oils; The Alfts became Independent Wellness Advocates shortly after.

"My family and I have loved the oils ever since!" Jim became a practitioner in the AromaTouch Technique in November of 2015. This technique gives individuals a unique experience with essential oils and helps them maintain overall wellness. "By adding the oils as a self-care alternative in our lives, we have been able to take a more proactive role in our own medical care. Our family's mission, as well as the company, doTerra International, is to teach people to live more healthy, productive lives and to share with others the blessing of a lifetime of wellness. "Oil On My Friends!" Jim & Ronda Alft

Premier Wellness Advocates Team Name: "Keep on Oiling on!!!"

5. & 15. Intro to Essential Oils

Intro to Oils 101. Usage and understanding of where oils come from, potency and purity.

- 1. Safety of essential oils.
- 2. Application techniques.
- 3. History of usage.

Terri Bartlett

Currently retired, Terri is a former Activity Director of 40 plus years in Illinois and Wisconsin. She also held the roles of Play Skills Group Leader & Supervisor at Glenwood State Hospital & School in Iowa, NCAP Representative, WRAP Public Relations and Strategic Planning Chair, Co-Conference Chair, as well as previous conference speaker on Aroma Therapy, How to Laugh and Clown Around, and Quality Assurance. Her other presentation specialties include: Sensory Programs and What is Activity.

6. Exercise Your Creativity

Many think they are not creative, but just the opposite is true. In this session you will work independently and in small groups on exercises to release those creative juices. You will think, share, draw, write, laugh, and find that you, too, can be original, or at least embellish an old idea. And, that practice makes perfect, or at the very least creates fun.

- 1. Attendees will recognize the creativity in you.
- 2. Attendees will learn multiple exercises to let your creativity out through writing, storytelling, art and problem solving.
- 3. Attendees will be able to share exercises with residents one-on-one or within a group.

11. Crafts for Quality & Fun

This session will share craft ideas using felting, small glass plant beads, paper, paint, ribbon, material, glue, nail polish and magazines. There will not be time to finish all ideas, but there will be enough time for participants to do what they can, with instruction and ideas to take home and finish or embellish.

- *Participants are requested to bring scissors, hand towel, egg roll mat or 12x12 small bubble wrap and long needle nose pliers. I will have a small cache of extra supplies, so bringing your own will speed things along.
- Attendees will learn at least 6 different hands-on takeaway crafts.
- 2. Attendees will learn many different ways to do one thing.
- 3. Attendees will be able to share ideas with residents one-on-one or within a group.

Renea Dahms

Renea is a Certified Dog Behavior Consultant and Therapy Dog evaluator. She owns Pawsitively Unleashed! Inc. in Stevens Point, WI. She has been training dogs and clients since 1995.



18. Therapy Dogs in Action

Therapy Dogs bring a lot of benefits, but also potential liability. Learn how to incorporate Therapy Dogs into your programs, as well as the criteria you should use for accepting them.

- 1. Understanding of the importance of registered therapy dogs.
- 2. Activities where therapy dogs can be of benefit, in addition to simple visits.

Shirley Duerst

Shirley is a self-taught watercolor artist. She began her watercolor adventure in 2014 after purchasing a watercolor kit with a gift card for her 30th anniversary of work at Four Winds Manor in Verona, WI. She learned her technique by watching many You Tube videos and eventually attending classes in an art studio and at Madison College. Early in her art adventure she assisted nursing home residents in watercolor painting for weekend activity projects. Since that time her knowledge and abilities have grown. She is a juried member of 14 South Artists. Her art can be found at Simply Posh Boutique in Fennimore, WI and JNJ Craftworks in Verona, WI. Follow her on facebook.com/ShirleysArtVentures/ and http:// shurly2.wixsite.com/shirleysartventures.

Shirley is a trained activity professional, AP-BC and ADC. She has worked at Four Winds Skilled Nursing and Rehab since 1984. She has been an active member of SWAPA and WRAP. Received the Wisconsin Activity Professional of the year in 2009 and the National Activity Professional of the Year in 2010.

7. Watercolor 101 for Seniors

Residents can learn to paint an original piece of art using watercolor techniques learned in this session. Activity professionals will be given the tools to assist their residents to complete these paintings

- 1. Participants will learn and practice basic watercolor techniques that can be used in a senior setting.
- 2. Foundation of basic watercolor and color theory will be shared.
- 3. Participants will complete a watercolor painting with demonstrated techniques

13. Positive Outcome with Unique Personalities

Residents are not the only ones in the workplace with unique personalities. Staff, families, volunteers and visitors may also have personalities that challenge everyone they come in contact with. This session will explore these personalities and attendees will assist each other in best ways to deal with them.

- 1. Attendees will be able to identify unique personalities in their workplace.
- 2. Networking with attendees will give insight into solving issues with unique personalities in the workplace.
- 3. Attendees will provide information to the group of what they learned in their networking group.

Patricia Durham

From Psychiatric Student Nurse in the UK in the 1960's, to Financial Controller for a group of four multimillion dollar companies in South Africa, to Legal Secretary, and now in position as Regional Lead Life Enrichment Director & Deer Creek Life Enrichment Director at Heritage Senior Living, Patricia's life has been interesting. She only got into this career late, and it has become her passion. Particularly, learning as much as she can about Dementia so that she can train and mentor others, as well as be able to provide the very best programming she can to all her residents irrespective of cognitive ability.

Teepa Snow Certified Trainer - February 2016

Teepa Snow Certified Engagement Leader – June 2016

Certification in Process: David Troxel's Best Friends Approach to Dementia Master Trainers Course to certify as a Best Friends Master Trainer.

8. & 20. Activities for Those Precious Gems

Using the Teepa Snow experiential learning method, this session will be an explanation of the Teepa Snow Gems, hand out of the Gems scale, present typical resident/s on video by role play scenario. The group will be asked to use their notes to help identify the resident/residents gem level/s and give reasons why. Group discussion on outcomes. Use of the information we have gathered to give practical ideas/ demonstration as to what activities would work for that/those gem level/s and give explanation of why.

- 1. Participants will be coached on understanding the Gem Levels and why they work better than numbers.
- 2. Participants will learn how to identify the Gem Level in order to give more Person-Centered Programming.
- 3. Participants will be given examples of Activities that will work for various Gem Levels with explanations.

Rebecca Frize

Rebecca Frize, MT-BC graduated from UW Oshkosh in 2002 with a Bachelor Degree in Music – Music Therapy. She has worked in long term care since 2002 in the activities department and became the Life Enrichment Manager in 2011. Rebecca leads a variety of music programs on a daily basis in addition to other enrichment programs at the Fond du Lac Lutheran Home. She presented Music & Dementia: Getting a positive response at the WRAP conference in 2014, and has been invited to share a "part two."

Music Therapist Board Certified as of 2002; Bachelor of Music Therapy from UW Oshkosh 2002.

12. Music & Dementia; More Music Fun & Games

In this session, you will learn why music is important in working with people who have dementia to help maintain cognitive, physical, emotional, social skills and spiritual well-being. You will learn how to use appropriate music to the get the most positive results with your residents or loved one. You will also have an opportunity to experience music activities that you can use nontherapeutically with residents. You will leave this session with tools and ideas to help you enhance the quality of life for our residents and others with dementia.

- 1. Participants will expand their activity profile with music based games and interventions.
- 2. Participants will engage in active music experiences during the presentation.
- Participants will learn basic knowledge to create and adapt music based interventions for meeting the individual needs of those with dementia.

17. Music & Dementia; Even More Music Fun & Games

(Not a repeat. Additional information. Attendance at session #12 not required.)

Music & Dementia: Even More Music Fun and Games will introduce a variety of music based activities that activity professionals and family members can provide to residents in a facility or at home with early to moderate stage dementia. Session will seek active participation through live music interventions and use of technology and props for additional interventions.

- 1. Participants will expand their activity profile with new music based games and interventions.
- 2. Participants will engage in active music experiences during the presentation.
- 3. Participants will learn basic knowledge to create and adapt music based interventions for meeting the individual needs of those with dementia.

Jonathan Irish

Jonathan lives in Oconomowoc with his wife and three children. He is the Horticultural Therapy Coordinator for Rogers Memorial Hospital. He is also on the American Horticultural Therapy Association Board of Directors. He enjoys helping people connect to plants in meaningful ways and is outdoors whenever possible skiing, hiking, playing, gardening, or going for walks.

LPC, HTR Denver Seminary, Horticulture Therapy Institute

23. Introduction to Horticulture Therapy

This session will introduce horticultural therapy. Define what it is, give some brief historical information, and then talk about how it can be used in long-term care facilities. Group brainstorming will occur in order to generate ideas of how to connect people and plants to the specific populations/programs of those in attendance.

- 1. Know what horticultural therapy is.
- 2. Understand a few ways to use horticultural therapy with long-term care patients.
- 3. Have some practice thinking and developing group goals that use horticultural therapy.

27. Connecting with Nature (Horticulture Therapy)

This session will provide participants with a hands-on activity to explore how connecting to plants can be both beneficial and adaptable to the needs of a given program. Participants will explore the metaphorical nature of the people-plant connection and how this can lead to storytelling. Focus on how plants can be a living legacy when faced with the end of life.

- 1. Experience a mock horticultural therapy session.
- 2. Explore stories that come through connection to nature.
- 3. Understand some benefits of people/plant connections to long-term care populations.



Colleen Knudson

Colleen Knudson, AP-BC, AC-BC, CDP, CADDCT works as the Director of Activities at Attic Angel Community in Middleton, WI and is the owner of Knudson Consulting LLC. She is currently serving as the President of the Wisconsin Representatives of Activity Professionals and the International Liaison for the National Association of Activity Professionals. Colleen enjoys volunteering her time as a member of the Senior Advisory Council for the Pheasant Branch Conservancy in Middleton, WI and assisting the 'Friends of State Street Family' in Madison. She has a great love for animals and spends her free time with her husband and their two rescue dogs- Skeeter and Monty.

Cindy Tewalt

Cindy Tewalt, RMT, AP-BC, ADC is a graduate of Music Therapy from University Wisconsin-Eau Claire who found her dream job as an Activity Director at Chippewa Manor Community. The facility evolved from providing Skilled Care to include Rehab, Assisted Living and Independent Apartments. After 35 years, she is now planning her own activities as she recently retired and is enjoying traveling and all that retirement brings. Cindy has been involved in all levels of Activity Professional groups, including Chippewa Valley Area Activity Directors and Wisconsin Representatives of Activity Professionals where she served in several capacities, including President and is now serving as the Webmaster. Currently she serves on the National Association of Activity Professionals' Board as Financial Manager.

21. WRAP Board Training

Are you new to the WRAP Board? Or would you want to know what goes on during these meetings? The goal of this session is to be introduced to how the WRAP Board runs. We will cover mission, goals, duties, budgets and the nitty-gritty of the Board. And the benefits of serving!

WRAP Board Training co-led by Colleen Knudson, WRAP President and Cindy Tewalt, Past WRAP President.

Cindy Lotzer

Cindy has been the Activity Director at Waterford Senior Living for 10 years. She has presented at NAAP, WRAP and the WI Alzheimer's Conference. If nothing else, she is loads of fun. "The Queen of Everything".

TQOE

Rhiannon Noble

Rhiannon has been the Activity Director at Waterford Memory Care for the past 3 years and has worked with the senior population since 2001. She loves working in Memory Care, creating fun and meaningful activities to engage all residents.

B.S. in Human Services

10. & 14. Workboxes: An Activity with Purpose

In this session you will learn how to create meaningful workboxes for Memory Care residents. We will teach you when to use them and how to engage your residents.

- 1. Learn how to create meaningful workboxes.
- 2. When to use workboxes.
- 3. Why this works for Memory Care Residents.



Carmela Mulroe

Outside of raising 5 children, St. Mary's Care Center has held Carmela's heart for the past 22 years. With a liberal arts degree, graduate coursework in Gerontology and studies towards a MA in pastoral counseling, her greatest interest is the spirit and soul of each resident. Her favorite programs are the Whole Heart Worship Service she conducts with residents on Memory Care and encouraging life engagement through TRIBEs. B.A. Liberal Arts and Science, Graduate studies/Gerontology/Pastoral Counseling.



19. TRIBE (True Relationships Build Engagement/Empowerment)

Unless our residents can connect in a meaningful way and gain some sense of empowerment, they may experience a lonely cycle of regret, nostalgia for what once was, and despair over what could now never be. Meeting in small groups of 6 to 7 persons, LTC residents have the opportunity to bond, express themselves with a core group of individuals, and chart the course of how they want to spend their time. This program has proven successful as its original group has been meeting weekly since January 2016. Three more groups have been added to meet the demand. Residents who attended little in the way of large group programs consistently attend their small group and have branched out to other programs as well.

- 1. Learn what a TRIBE is and how it can benefit residents in LTC setting.
- 2. Attain the tools to create a TRIBE (or similar program) for your residents.
- 3. Be able to answer these questions: Can 'belonging' to a small group of others increase engagement and empower one to create personal life changes and pursue life goals? Can belonging increase involvement in purpose driven activities? Can small groups in a LTC facility change thought process from one of inward thinking to outward thinking?

Jessica Radtke

Jessica has been with the Bureau of Nursing Home Resident Care for 19 years, and has been the Regional Field Operations Director since 2010. Prior to employment with the state, she worked in Long Term Care and Acute Care settings.

Bachelor of Business Administration in Management from Baker College.

22. & 26. Impact of Mega Rule

The session will discuss changes to the federal regulations following implementation of the Mega Rule.

- 1. Become familiar with the changes in Phase 1 and Phase 2.
- 2. Understand how those changes can affect recreation programs.

Melissa Stockwell

Melissa has worked at North Central Health Care in Wausau for 12 years, with a variety of populations, including LTC/PAC/Dementia, in-patient behavior health, and outpatient AODA. Also has experience working with Birth to 3 and individuals with severe and profound developmental disabilities.

MT-BC (Music Therapist - Board Certified) Bachelor of Music Education w/ a major in Music Therapy, Wartburg College 2003

24. & 29. Music in Life

This session will discuss how music is a part of everyday life. Providing an overview of Music Therapy and how music affects the entire being. Music can be used both when individuals are well and when they are ill. Will provide experiential opportunities for participants to take part in music interventions, as well as provide some music activities that recreation therapists/activity directors can take back to use with their clients/residents.

- Gain an understanding of Music Therapy and know the difference between Music Therapy vs. other types of music experiences.
- 2. To experience and learn music experiences that you can share with those you care for.
- 3. Gain understanding of how music affects the entire being and how it is used to promote physical, emotional and social well-being, as well as communication.

Sally Rocque

As the Government Relations chair for WRAP, Sally follows legislative trends, news, and information relevant to our profession, industry and lives. Her presentation will provide a current picture of health care issues.

Sally has a bachelor's degree in Music Therapy from UW-Eau Claire. She worked at a facility for developmentally disabled for 3 years, before becoming an activity director in the nursing home setting. She and her husband also owned and operated an adult family home for developmentally disabled for 11 years. She is currently the Life Enhancement Mentor and Volunteer Coordinator at the Neighbors of Dunn County in Menomonie, Wisconsin, and has held this position for the past 19 years. Sally is the President of The Chippewa Valley Area Activity Professionals and the Government Relations chair for WRAP

9. Legislative Update