Bonnie Nutt

"Activity Programming for People Living with Dementia. Part 1 & 2"

Activity professionals and caregivers alike will learn meaningful engagement techniques and ways to incorporate individual leisure pursuits into the lives of the people they care about.

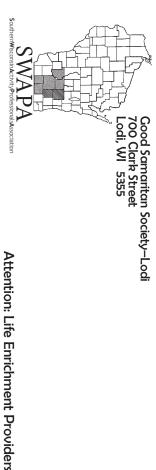
Attendees will learn:

- The Art of Active Listening
- How to assist in developing a life stories
- · How to create a "Bag of Tricks"

Bonnie Nutt is the Programs & Advocacy Manager with the Alzheimer's Association of South Central WI. She spends her time meeting with families for care consultation, providing community education, training and overseeing volunteers, overseeing support groups, early-stage social engagement programs and so much more. Bonnie has a B.S. in **Human Development & Family Studies** and M.S. in Family Studies & Human Development from UW-Stout. Bonnie is a CFLE; Certified Family Life Educator. She has a passion for helping others through the aging process. This developed from her involvement with the 4-H program, her relationship with her grandparents and her mom encouraging her to help others. Bonnie was a family care giver, a professional CAREGiver with Home Instead Senior Care and has spent many years working in supportive home care.

for MORE information

contact Patty Morter by email: pmorter@good-sam.com



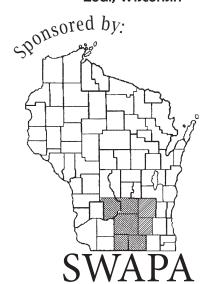
creative Moments

A one day workshop featuring a variety of creative and innovative programming ideas for anyone working in long term care residence (SNF, AL's Memory Care), adult day centers, and senior centers.

6.25 Continuing Education Hours

Thursday, April 6, 2017 8:30am - 4:30pm

Good Samaritan Society-Lodi 700 Clark Street Lodi, Wisconsin



Southern Wisconsin Activity Professionals Association

or call: 608.592.6731

Participant email: City and ZIP Mailing Address Facility Name Mail Registration TO: email required for registration confirmation purposes Good Samaritan Attn: Patty Morter 700 Clark Street Society-Lodi *□* Non-SWAPA member FULL day... \$60.00 SWAPA member 1/2 day ┛Non-SWAPA member 1/2 day SWAPA member FULL day....\$50.00 circle one (AM / PM) ... \$30.00

\$25.00

Participant Name

SWAPA Workshop

*** please make copies and fill out individual registration forms per workshop participan

Registration Deadline-

Saturday, April 1,

payable

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MAKE

creative Moments

Thursday, April 6, 2017

at Good Samaritan Society-Lodi 700 Clark Street • Lodi, Wisconsin

Workshop Schedule

Registration 7:45-8:15 -

Welcome and Introductions 8:15-8:30 -

Therapeutic Gardening for 8:30-9:30 -Individuals of All Abilities with Jennifer Happ

9:30-10:00 - 30 Minute BREAK

10:00-11:30 - Watercolor 101 for Seniors with Shirley Duerst

11:30-12:30 - LUNCH BREAK

12:30-2:00 - Activity Programming for People Living with Dementia, Part 1 with Bonnie Nutt

2:00-2:15 -15 Minute BREAK

2:15-3:45 - Activity Programming for People Living with Dementia, Part 2

3:45-4:30 - Sharing your Most Innovative **Activity Program**

> Closing Remarks, Continuing Education Certificates - Evaluations

Jennifer Happ MS, CTRS, CSW

"Enlighten your Senses: Therapeutic

Gardening for Individuals of All Abilities"

Attendees will learn:

- •Research shows how gardening affects the mood
- ·A toolbox of a variety of gardening techniques that are useful for all ages
- •How to develop community partnerships for a gardening program

Jenny Happ has completed her undergraduate degree in Social Work and her Masters degree in Therapeutic Recreation in the State of Wisconsin. She currently works as a Day Service Coordinator at Riverfront in Janesville WI. For the last three years she has worked with individuals with a variety of abilities. Jenny has run three different types of gardening programs in a variety of settings. She has helped with her family run greenhouse operation for over 8 years. She is pleased to be able to spread her passion about therapeutic gardening to everyone.

Shirley Duerst

"Watercolor 101 for Seniors"

Attendees will:

- Learn and practice basic watercolor techniques
- · Learn to use basic watercolor techniques in a senior setting
- Participate in creating a watercolor painting with the techniques demonstrated

Shirley Duerst has been working in the activity field for 35 years. She has a degree in Therapeutic Recreation from UW-LaCrosse and is certified as an Activity Director through NAAP and NCCAP. In 2014 she started Shirley's Art Ventures which features her journey in watercolors. She also is a jewelry designer and a member of 14 South Artists. Shirley works at Four Winds Manor in Verona where she has presented watercolor activity groups.