

## Our Goal

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Our annual Symposium on Spirituality & Aging brings together participants from the wider community, as well as theologians and faith community representatives, academics, and aging services providers to share wisdom and insights from the social sciences, the humanities and a spectrum of spiritual traditions to create a holistic framework for understanding and sharing the journey of aging.

### Strategic Approach

To foster growth, connection, and learning, each symposium features an interplay of activities that includes listening to one's inner wisdom and guidance, exploring and integrating compelling ideas with insightful reflection, art and music, and sharing in robust conversations that harvest the collective wisdom of the group.

*Inner Awareness:* The Symposium provides opportunities for participants to tap into their own inner notions and wisdom, and bring beliefs and assumptions into conscious awareness.

*Compelling Ideas:* The Symposium explores ideas from trusted sources to seed learning and spark new understanding. Lectures and seminars are followed by questions designed to encourage reflection and self-discovery, prompting a shift in focus from outer to inner authority. Opportunity for reflection and spiritual practice, as well as engagement with art and music, is incorporated into the overall program design.

*Collective Wisdom:* The Symposium is designed to provide a receptive space of deep listening and speaking from the heart. Informal and structured activities help the group listen to one another's insights, perceive patterns, connect diverse perspectives, and experience a sense of wholeness and community.

## Registration and CEHs

**Registration is open.  
CEHs available.**

*(Limited number of scholarships available)*

**Visit our website for  
the schedule and  
more information:**

**[www.SaintJohnsMilw.org](http://www.SaintJohnsMilw.org)**

**Our Facebook page: Saint John's  
Spirituality & Aging Symposium**

**E-Mail us at:**

**[Symposium@SaintJohnsMilw.org](mailto:Symposium@SaintJohnsMilw.org)**

**SAINT JOHN'S**  
ON THE LAKE

**1840 North Prospect Avenue  
Milwaukee, WI 53202**

*(Cover Artwork: Spring Awakening by John Enright)*

## Spirituality & Aging Symposium



Featuring experts in the field of creativity and aging, theater and music performances, and opportunities to participate in spiritual and creative practices.

**March 10-14, 2019**

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# Schedule at a Glance

## Sunday, March 10

7:30 p.m. Organ Concert & Welcome Reception	<b>Le Son Glorieux – Music for the Organ</b> <b>Simone Ghellen, Ph.D.</b> – St. Jerome, Oconomowoc <b>Sheri Masiakowski</b> , Dean – American Guild of Organists <b>Larry Wheelock</b> , Organist – Plymouth Church, Milwaukee
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## Monday, March 11

9:00 a.m.	<b>Registration and Coffee</b>
9:15 a.m.	<b>Hard-Hat Tour of Saint John's On The Lake</b>
10:15 a.m.	<b>Welcome</b>
10:30 a.m. Opening Lecture	<b>Later-Life Creativity: The Best Is Yet to Be</b> <b>Harry R. Moody, Ph.D.</b> , Distinguished Visiting Professor, Fielding Graduate University, Santa Barbara, CA
12:00 p.m. Lunch	<i>Please join us for lunch and table discussions about today's topic.</i>
12:45 p.m. Lecture	<b>Connect to the Creative Heart for a Life of Passion, Meaning and Community</b> <b>Stuart Kandell, Ph.D.</b> , Founder, Staybridge, Oakland, CA, Founding Board member, National Center for Creative Aging, Washington, DC
2:30 p.m.	Break
3:00 p.m. Lecture	<b>Happiness is a Choice!</b> <b>John Leland</b> , Reporter, New York Times, New York, NY
4:30 p.m.	<b>Speakeasy – Creativity and Conversations</b> An opportunity for casual, creative and engaging conversation with presenters and attendees with light snacks and beverages.
7:00 p.m. Gallery Event	<b>MOWA On The Lake, Peter Dahlke</b> , Assemblage Sculptor <b>Milwaukee Jazz Legends</b> , Wisconsin Conservatory of Music

## Tuesday, March 12

8:30 a.m. Morning Spiritual Practices	Choose one for the day. <b>Reflect</b> – Lectio Divina: Nourishing the Divine with <b>Cathy Melesky Dante &amp; Steve Molverec, SJ</b> – Sacred Sounds: Awakening the Eternal Within <b>Create</b> – Imagination Made Visible with <b>Jessie Hewitt</b> <b>Observe</b> – Visual Strategies: Seeing with the Eye of the Heart with <b>Hope Torrents</b>
10:00 a.m. Lecture	<b>Reading Our Lives: The Poetics of Growing Old, William L. Randall, Ph.D.</b> , Professor, Gerontology, St. Thomas University, New Brunswick, Canada

12:00 p.m. Lunch	<i>Please join us for lunch and table discussions about today's topic.</i>
1:00 p.m. Lecture (cont.)	<b>Reading Our Lives: The Poetics of Growing Old, William L. Randall, Ph.D.</b>
2:30 p.m.	Break
3:00 p.m. Lecture	<b>The Joy of Creative Aging: Imagination, Insight and Wisdom, Barbara Ann Holmes, Ph.D.</b> , President Emerita, United Theological Seminary of the Twin Cities, St. Paul, MN
4:30 p.m.	<b>Speakeasy – Creativity and Conversations</b> An opportunity for casual, creative and engaging conversation with presenters and attendees with light snacks and beverages.
7:00 p.m. Theater Event and Reception	<b>Tuesdays with Morrie: An Old Man, a Young Man, and Life's Greatest Lesson</b> – a play by <b>Mitch Albom</b> with <b>Matt Daniels</b> and <b>Robert Spencer</b> , In Tandem Theatre, Milwaukee, WI

## Wednesday, March 13

8:30 a.m. Morning Spiritual Practices	<b>Choose one for the day.</b> <b>Reflect</b> – Lectio Divina: Nourishing the Divine with <b>Cathy Melesky Dante &amp; Steve Molverec, SJ</b> – Sacred Sounds: Awakening the Eternal Within <b>Create</b> – Imagination Made Visible with <b>Jessie Hewitt</b> <b>Observe</b> – Visual Strategies: Seeing with the Eye of the Heart with <b>Hope Torrents</b>
9:45 a.m. Lecture	<b>What Aging Men Want: Men in the Presence of the Sacred, John C. Robinson, Ph.D.</b> , Psychologist, Seattle, WA
12:00 p.m. Lunch	<i>Please join us for lunch and table discussions about today's topic.</i>
1:00 p.m. Lecture (Cont.)	<b>What Aging Men Want: The Odyssey as a Parable of Male Aging, John C. Robinson, Ph.D.</b>
2:30 p.m.	Break
3:00 p.m. Lecture	<b>Keynote Speaker:</b> <b>Care of the Aging Soul, Thomas Moore, Ph.D.</b> , Author, <i>Ageless Soul: The Lifelong Journey toward Meaning and Joy</i> ; Jaffrey, NH
4:30 p.m.	<b>Speakeasy – Creativity and Conversations</b> An opportunity for casual, creative and engaging conversation with presenters and attendees with light snacks and beverages.

7:00 p.m. Dance Concert and Reception	<b>Ko-Thi Dance Company</b> <b>Ferne Yangyeitie Caulker-Bronson</b> , Founder and Artistic/Executive Director Professor, African Dance Performance and Choreography, UW-Milwaukee
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## Thursday, March 14

9:30 a.m. Lecture	<b>Music, Meaning and Aging</b> <b>Nina Kraus, Ph.D.</b> , Hugh Knowles Professor, Neurobiology & Physiology, Feinberg School of Medicine, Northwestern University, Evanston, IL
11:00	<b>Art for Life: Table-top Exhibits, Discussion and Art Display</b>
11:00 Lecture	<b>Art Interpretation and Health</b> <b>Hope Torrents</b> , Director, Fine Art of Health Care, Lowe Art Museum, University of Miami, Miami, FL
12:00 p.m. Lunch	<i>Please join us for lunch and table discussions about today's topic.</i>
1:00 p.m. Lecture	<b>Brave Beyond Words – We enter this world as the genesis of a story and continue to grow it as our gift to the world.</b> <b>Joy Harjo, M.F.A.</b> , Professor, English and American Indian Studies, University of Illinois at Urbana-Champaign, Urbana-Champaign, IL
2:30 p.m.	Break
3:00 p.m. Lecture	<b>The Spiritual Distortions of Aging in Capitalist Society: The Pain of Growing Older in a Society that Promotes Selfishness and Materialism, Rabbi Michael Lerner, Ph.D.</b> , Beyt Tikkun, Berkeley, CA
4:30 p.m. Speakeasy	<b>Speakeasy – Creativity and Conversations</b> An opportunity for casual, creative and engaging conversation with presenters and attendees with light snacks and beverages.
7:00 p.m. Concert and Reception	<b>Misa Tango A mass by Martin Palmeri</b> , Master Singers of Milwaukee, <b>Eduardo Garcia Novelli</b> , Artistic Director

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