Making a Splash in 2019 41st Annual WRAP Conference

Wednesday, September 18, 2019

11:00 am - 12:00 pm 12:00 noon - 3:30 pm 13:30 - 5:30 pm 14:00 - 5:30 pm 15:30 - 5:30 pm 15:30 - 5:30 pm 16:30 - 5:30 pm 16:30 - 5:30 pm 17:30 - 5:30 pm 18:30		wednesday, September 18, 2019	
lunch not provided) All participants gather in Grand Ballroom Lobby for room assignment 3:30 - 5:30 pm			
3:30 - 5:30 pm	12:00 noon - 3:30 pn		
3:30 - 5:30 pm 4:00 - 5:30 pm 4:00 - 5:30 pm 2. WRAP Annual Membership Board Meeting (open to all) Sierra Vista Registration Grand Ballroom Lobby. Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 3. Vendor Session: Tips and Ideas Grand Ballroom Welcoming Reception and Shopping with Vendors & Appetizers Grand Ballroom Silent Auction begins Grand Ballroom Lobby Thursday, September 19, 2019 7:30 - 9:00 pm Registration Grand Ballroom Lobby Thursday, September 19, 2019 7:00 - 8:00 am Registration Grand Ballroom Lobby Registration Grand Ballroom Lobby Thursday, September 19, 2019 7:00 - 9:30 am Registration Grand Ballroom Lobby Registration Grand Ballroom Lobby 8:00 - 9:30 am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00 am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00 am BREAKOUT SESSION 1 5. Sarah Johnson — Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey — Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson — Essential Oils: 101 Room G Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 8. Legislative Update — Sally Rocque Grand Ballroom BREAKOUT SESSION 2		± ,	
4:00 - 5:30 pm 5:30 - 8:00 pm 5:30 - 8:00 pm Cultural Arts Registration Room Lobby. Sident Auction drop off Grand Ballroom Lobby 5:45 - 6:45pm 6:45 - 6:45pm 7:30 pm 6:45 - 8:30pm 7:30 pm 7:30 pm 7:30 - 9:00 pm Thursday, September 19, 2019 Registration Grand Ballroom Lobby Registration Grand Ballroom Lobby 1 Silent Auction drop off Grand Ballroom Lobby Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Sessential Oils: 101 Room G 11:00 - 12:00pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 11:15 - 2:15pm BREAKOUT SESSION 2		All participants gather in Grand Ballroom Lobby for room assignment	
4:00 - 5:30 pm 5:30 - 8:00 pm 5:30 - 8:00 pm Cultural Arts Registration Room Lobby. Sident Auction drop off Grand Ballroom Lobby 5:45 - 6:45pm 6:45 - 6:45pm 7:30 pm 6:45 - 8:30pm 7:30 pm 7:30 pm 7:30 - 9:00 pm Thursday, September 19, 2019 Registration Grand Ballroom Lobby Registration Grand Ballroom Lobby 1 Silent Auction drop off Grand Ballroom Lobby Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Sessential Oils: 101 Room G 11:00 - 12:00pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 11:15 - 2:15pm BREAKOUT SESSION 2	3:30 - 5:30 nm	Vendors are Open Grand Rallroom	
S:30 - 8:00 pm Registration Grand Ballroom Lobby. Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 3. Vendor Session: Tips and Ideas Grand Ballroom 6:45 - 8:30 pm 7:30 pm 7:30 - 9:00 pm Welcoming Reception and Shopping with Vendors & Appetizers Grand Ballroom Silent Auction begins Grand Ballroom Music by Adam Bartel Grand Ballroom Lobby Thursday, September 19, 2019 Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby Recome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00 am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00 am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00 pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00 pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 11:15 - 2:15 pm BREAKOUT SESSION 2	<u> -</u>	•	
Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 5:45 - 6:45pm 6:45 - 8:30pm 7:30 pm 7:30 pm 7:30 - 9:00 pm Silent Auction begins Grand Ballroom Music by Adam Bartel Grand Ballroom Lobby Thursday, September 19, 2019 7:00 - 8:00am Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	<u> -</u>		
Silent Auction drop off Grand Ballroom Lobby 5:45 - 6:45pm 3. Vendor Session: Tips and Ideas Grand Ballroom 7:30 pm 7:30 - 9:00 pm Silent Auction begins Grand Ballroom Music by Adam Bartel Grand Ballroom Lobby Thursday, September 19, 2019 7:00 - 8:00am Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 - 9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	5.50 0.00 pm	· ·	
3. Vendor Session: Tips and Ideas Grand Ballroom Welcoming Reception and Shopping with Vendors & Appetizers Grand Ballroom Silent Auction begins Grand Ballroom Silent Auction begins Grand Ballroom Music by Adam Bartel Grand Ballroom Lobby Thursday, September 19, 2019 Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2		<u> </u>	
6:45 - 8:30pm 7:30 pm 7:30 pm 7:30 - 9:00 pm Thursday, September 19, 2019 Thursday, September 19, 2019 7:00 - 8:00am Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 - 9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom BREAKOUT SESSION 2	5·45 - 6·45pm	<u>*</u>	
7:30 pm 7:30 - 9:00 pm Silent Auction begins Grand Ballroom Music by Adam Bartel Grand Ballroom Lobby Thursday, September 19, 2019 7:00 - 8:00am Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	-	<u>*</u>	
Thursday, September 19, 2019 7:00 - 8:00am Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	_	• • • • • • • • • • • • • • • • • • • •	
Thursday, September 19, 2019 7:00 - 8:00am Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	-	<u> </u>	
Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom	7.50 7.00 pm	Music by Maint Barter Grand Burnoom Loody	
Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom			
Registration Grand Ballroom Lobby Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom		Thursday, September 19, 2019	
Cultural Arts Registration Room I Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom	7:00 - 8:00am	_	
Silent Auction drop off Grand Ballroom Lobby 8:00 -9:30am Welcome/Announcements/Call of Regions followed by 4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom		· · · · · · · · · · · · · · · · · · ·	
4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2		<u> </u>	
Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	8:00 -9:30am	Welcome/Announcements/Call of Regions followed by	
Passion and Thrive Grand Ballroom 9:30 - 10:00am Break / Cultural Arts Open Room I / Vendors & Silent Auction Open Grand Ballroom 10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson - Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey - Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson - Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update - Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2		4. Opening Keynote: Sarah Johnson: Going Beyond Work-Life Balance to Ignite	
10:00 - 11:00am BREAKOUT SESSION 1 5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2			
5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	9:30 - 10:00am	Break / Cultural Arts Open <i>Room I</i> / Vendors & Silent Auction Open <i>Grand Ballroom</i>	
5. Sarah Johnson – Going Beyond Work-Life Balance to Ignite Passion and Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	10:00 - 11:00am BREAKOUT SESSION 1		
Thrive Deep Dive Upper Dells Ballroom 6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life Room H 7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque Grand Ballroom 1:15 - 2:15pm BREAKOUT SESSION 2	10.00 11.004111 2		
6. Melanie Ramey – Sexuality & Intimacy in Aging and at the End-Of-Life <i>Room H</i> 7. Crystal Johnson – Essential Oils: 101 <i>Room G</i> 11:00 - 12:00pm Break/Silent Auction & Vendors <i>Grand Ballroom</i> / Cultural Arts Open <i>Room I</i> VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH <i>Grand Ballroom</i> 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque <i>Grand Ballroom</i> 1:15 - 2:15pm BREAKOUT SESSION 2			
7. Crystal Johnson – Essential Oils: 101 Room G 11:00 - 12:00pm Break/Silent Auction & Vendors Grand Ballroom / Cultural Arts Open Room I VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH Grand Ballroom 12:00 - 1:00pm Session held during Lunch:			
11:00 - 12:00pm Break/Silent Auction & Vendors <i>Grand Ballroom</i> / Cultural Arts Open <i>Room I</i> VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH <i>Grand Ballroom</i> 12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque <i>Grand Ballroom</i> 1:15 - 2:15pm BREAKOUT SESSION 2			
VENDORS FINAL SALES / CULTURAL ARTS CLOSED @ NOON 11:30 am BUFFET LUNCH <i>Grand Ballroom</i> 12:00 - 1:00pm Session held during Lunch:	11:00 - 12:00pm		
12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque <i>Grand Ballroom</i> 1:15 - 2:15pm BREAKOUT SESSION 2			
12:00 - 1:00pm Session held during Lunch: 8. Legislative Update – Sally Rocque <i>Grand Ballroom</i> 1:15 - 2:15pm BREAKOUT SESSION 2			
8. Legislative Update – Sally Rocque <i>Grand Ballroom</i> 1:15 - 2:15pm BREAKOUT SESSION 2			
1:15 - 2:15pm BREAKOUT SESSION 2	<u>.</u>		
1		8. Legislative Update – Sally Rocque <i>Grand Ballroom</i>	
9. Sarah Johnson-Selfcare is Not Selfish: Healthy Means More Selfless <i>Room G</i>	1:15 - 2:15pm BR	EAKOUT SESSION 2	
		9. Sarah Johnson– Selfcare is Not Selfish: Healthy Means More Selfless <i>Room G</i>	

10. Mary Millman-Qigong: Movements of warm up and gentle exercise Room H

Upper Dells Ballroom

11. Carla Bacon Smith – It's All in Your Head: Focus on Cognition

2:15 - 2:30 pm Break/ Cultural Arts Open *Room I*

2:30 - 3:30pm B	REAKOUT SESSION 3 Thursday, Sept 19 CONTINUED 12. Carla Bacon Smith – Impact: Designing a Fall Prevention Program for Seniors <i>Rm H</i> 13. Debbie Bera – Enabling Engagement in Meaningful Activity for Persons with Dementia <i>Upper Dells Ballroom</i> 14. Melanie Ramey–Sexuality & Intimacy in Aging & at the End-Of-Life (Repeat) **Room G**	
3:30pm - 3:45pm	Break / Cultural Arts Open Room I	
3:45pm - 4:45pm	BREAKOUT SESSION 4 15. Debbie Bera – Enabling Engagement in Meaningful Activity for Persons with Dementia (Repeat) <i>Room G</i> 16. Carla Bacon Smith–Activities in the 4 th Dimension: Exploring New Horizons in Program Planning <i>Upper Dells Ballroom</i> 17. Shirley Duerst – Watercolor Splash for Seniors <i>Room H</i> 18. Colleen Knudson and Cindy Tewalt –Let's Talk about WRAP <i>Executive Board Room</i>	
6:30 - 7:00pm 7:00 pm 8:50 pm	Scholarship Bingo Card Sale at Door <i>Grand Ballroom</i> Extreme Bingo, Dinner & Awards Ceremony <i>Grand Ballroom</i> Silent Auction ENDS!! <i>Grand Ballroom</i>	
Friday, September 20, 2019		
7:00 - 8:00am 8:00 - 9:00am	Hotel Checkout/ Cultural Arts Open <i>Room I</i> BREAKOUT SESSION 5 19. Jessica Radtke – Survey 101: What to expect when surveyors are in the building. *Upper Dells Ballroom* 20. Terri Bartlett – Let the Spirit Move. *Room H* 21. Elizabeth Lewis – Depletion to Renewal: HeartMath® Tools for Building Resilience *Room G*	
9:00 - 9:30 am	Break/ Hotel Checkout Please pick up Cultural Arts Room I	
9:30 - 10:30am	BREAKOUT SESSION 6 22. Jessica Radtke – What's New: Trends in long term care. <i>Upper Dells Ballroom</i> 23. Terri Bartlett – Let the Spirit Move (Repeat) <i>Room H</i> 24. Elizabeth Lewis – Mindfulness-based Stress Reduction (MBSR) <i>Room G</i>	
10:30 - 10:45 am 10:45 - 11:00am 11:00 - 12:00pm	Break 2020 Conference Promotion <i>Grand Ballroom</i> 25. Closing Keynote: Melanie Ramey –If Your Job Isn't Fun, Fix It and Yourself: The Key to Success in Work and Life <i>Grand Ballroom</i>	
12:00 - 12:15pm	Closing Comments	

Thank you for being a part of the 2019 WRAP Conference!

Take care of you and your people. Travel Safe.

See you in Marshfield at Hotel Marshfield in 2020!