

# WRAP Virtual Conference

## Thursday, September 24, 2020

### Schedule:

- 8-9:00 AM WRAP Board Meeting
- 9-10:00 AM Amy Laughlin, NAAP President "Speak Up! Empowering Activity Professionals as Your Time is Now"
- 10-10:10 Break
- 10:10-11:10 Alisa Tagg, NAAP Association Director  
"Navigating Activities Now"
- 11:15-12:15 Vanessa Emm, NAAP Operations Director:  
"Upping your Documentation Game"
- 12:15-12:30 Break
- 12:30-2:00 Colleen Knudson, WRAP President: "Activity Ideas and Programs: Proven and Positive". Including guest Jessica Radtke, Surveyor
- 2:00 -2:15 Installation of Officers. Closing Remarks



Due to the cancellation of the 2020 ANNUAL WRAP Conference, the WRAP Board will be hosting a VIRTUAL CONFERENCE on Thursday, September 24, 2020.

The Annual WRAP Member Board meeting will be from 8:00-9:00 and all members are encouraged to attend.

We will have FOUR sessions. You will get CEs depending on the time you are logged on for these sessions.

You must register by going to <https://attendee.gotowebinar.com/register/4569300253417741068>

The email you register with is where the CE will be sent.

- ▶ This day is complementary for all WI Activity Professionals thanks to WRAP
- ▶ You must pre-register online
- ▶ The Evaluation will be sent when you log out and you must fill out eval to get the CEs emailed to you.

When: Thursday, September 24, 2020

Where: From YOUR Computer!

Time: 8am - 2:15 pm CST

More info: visit [WRAP-WI.org](http://WRAP-WI.org)

Your Continuing Education Certificate will be emailed to you to the email that you registered with. Please allow 2 weeks. If you don't see it by then, and you have checked your Spam email, email [cindytewalt@gmail.com](mailto:cindytewalt@gmail.com). You will receive the hours that you are in attendance after the evaluation is completed. We appreciate your grace as we navigate this new platform. Just a reminder that this virtual conference is only presented LIVE and will not be available as a recording on-demand.

## Introducing our Speakers:

### Amy Laughlin...

Amy Laughlin, CRCFA, ADC, AAP-BC, CDP, graduated from the University of Leeds in England with a degree in Sociology and Social Policy and moved to the USA in 2002 to follow her heart and marry a charming southern gentleman. She began working in the field of activities as a volunteer 17 years ago and quickly discovered the joy associated with educating, empowering and energizing senior adults. Amy currently holds the position of Director of Resident Services at Westminster Towers, a Life Plan Community in Rock Hill, South Carolina. She is a former Board member for the South Carolina Activity Professionals Association, and serves as President of the National Association of Activity Professionals. She is a licensed Administrator, nationally credentialed through NAAPCC and NCCAP and was awarded the South Carolina Activity Professional of the Year in 2014. She is a guest instructor for Winthrop University's Department of Sociology and Anthropology and has presented workshops across the nation for activity professionals, senior living providers, healthcare professionals and groups of active seniors.



She is a group fitness instructor, and former playwright, choreographer and director of a theater company composed entirely of seniors. Amy is an aspiring minimalist and seeker of a simpler life. She loves to exercise, read, write, cook and spend time with her chosen few.

Email: [amyklaughlin@gmail.com](mailto:amyklaughlin@gmail.com) or [pres@naap.info](mailto:pres@naap.info)

***“Speak Up! Empowering Activity Professionals as Your Time Is Now ”*** *Building professional relationships is one of the most challenging aspects of leadership, but also one of the most rewarding. Team members who are engaged and connected with one another are likely to be much more productive, more effective, be more willing to adapt to change when necessary and have more tenure with the organization. Leaders who are engaged and connected with their team members get more goals accomplished, spend less time "putting out fires" and are perceived as being more successful and having greater influence.*

*Upon completing this session, participants will:*

- Recognize and celebrate the “essential” nature of their profession.*
- Understand why trust is the foundation upon which professional relationships are built.*
- Know when, where and how to Speak Up – and when not to*

### **Alisa Tagg...**

Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS, Association Director of the National Association of Activity Professionals, has been a certified activity consultant since 2006 and an activity director working primarily in skilled nursing facilities since 1995. She enjoys teaching the MEPAP education course to new activity professionals. She also works as an independent consultant in various facilities throughout southern Nevada. Alisa holds a bachelor's degree in Psychology from the University of Nevada, Las Vegas, a provider's Certificate of Completion specializing in Aging with the Nevada Geriatric Education Center and is a Certified Alzheimer's Disease and Dementia Care Trainer, a Certified Dementia Practitioner with the National Certification Council for Dementia Practitioners, and a Certified Dementia Communication Specialist with the Silver Dawn Training Institute. Alisa is the past President of NAAP. She has always enjoyed working with elderly populations for the majority of her life and has a great love for the elderly. In 1988, Alisa was named the Indiana Health Care Association Teen Volunteer of the Year. Alisa speaks on local, state and national levels on various topics relating to health care and the activity profession.

**"Navigating Activities Now"** In a post COVID-19 world, Activity Professionals are asking the question, now what? This session will focus on the domains of wellness listed in the federal regulations in creating a whole new program to include more individualization for the people we serve.

Program Objectives:

- ◇ *Recognize Activity Classifications and the Areas of Wellness*
- ◇ *Apply the Classifications to out of the box creativity*
- ◇ *Develop Quality Programs and Services for individualized care*



### **Vanessa Emm...**

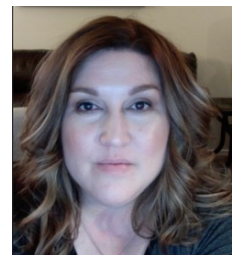
Vanessa Emm, BA ACC/EDU CADDCT CDP CDCS, NAAP Operations Director, is a Certified Activity Consultant/Instructor/Educator by the National Certification Council of Activity Professionals (NCCAP); a Certified Alzheimer's Disease and Dementia Care Trainer along with being a Certified Dementia Practitioner through the National Council of Certified Dementia Practitioners (NCCDP). Vanessa currently serves as the Operations Director for the National Association of Activity Professionals (NAAP).

Vanessa has been in the long-term care field for the past 18 years. She currently works as an Activity Consultant providing education and consultation services to facilities throughout Northern Nevada. Vanessa received her Bachelor's Degree in Gerontology from Minnesota State University Moorhead with an emphasis in Biology and additional training in research and grant writing.

### **"Upping your Documentation Game"**

Program Objectives:

- Documenting during a pandemic to reflect meaningful and engaging practice
- Review of documentation standards and survey preparedness.
- How to assess their department documentation and implement change.



### **Colleen Knudson...**

Colleen Knudson is the Activity and Volunteer Services Coordinator at Attic Angel Community in Middleton, WI. Colleen has had experience speaking at the state, national, and international level. She is a CDP and a Certified Alzheimer's Disease and Dementia Care Trainer through NCCDP. Colleen has worked in Long Term Care for over 17 years in a variety of settings- Nursing Home, Assisted Living, Memory Care and Adult Day. She is currently serving as the President of her state activity association (WRAP) and is the current International Development Director for the National Association of Activity Professionals (NAAP).

Jessica Radtke, DQA State Surveyor will also be joining Colleen for a portion of this presentation.

### ***"Activity Ideas and Programs: Proven and Positive"***

Attendees will learn 3 Objectives:

1. Ideas for meaningful 1:1 and in-room activities
2. Ideas for engaging small group activities
3. Ideas for Activity Carts & Hallway Fun



We invite you to the Virtual Installation of the WRAP Officers, immediately following the last speaker:

#### **Meet your WRAP Officers for 2020-2021:**

President: Tracey Draper  
Vice President: Sarah Pedretti  
Secretary: Kimberly Rosenau  
Treasurer: Ashley Naves

WRAP is pleased to bring you this Virtual Conference. Typically we would be hosting an in person conference, complete with sessions, a banquet, vendors, food, scholarship bingo, networking and much more. But we can't.....

WRAP is still carrying on our business of supporting, advocating and networking with other organizations as much as possible. And YOUR WRAP membership at \$35 a year helps make it possible. If you are not a member, consider becoming one. You can go online right now and make it happen!

<https://wrap-wi.org/membership/>