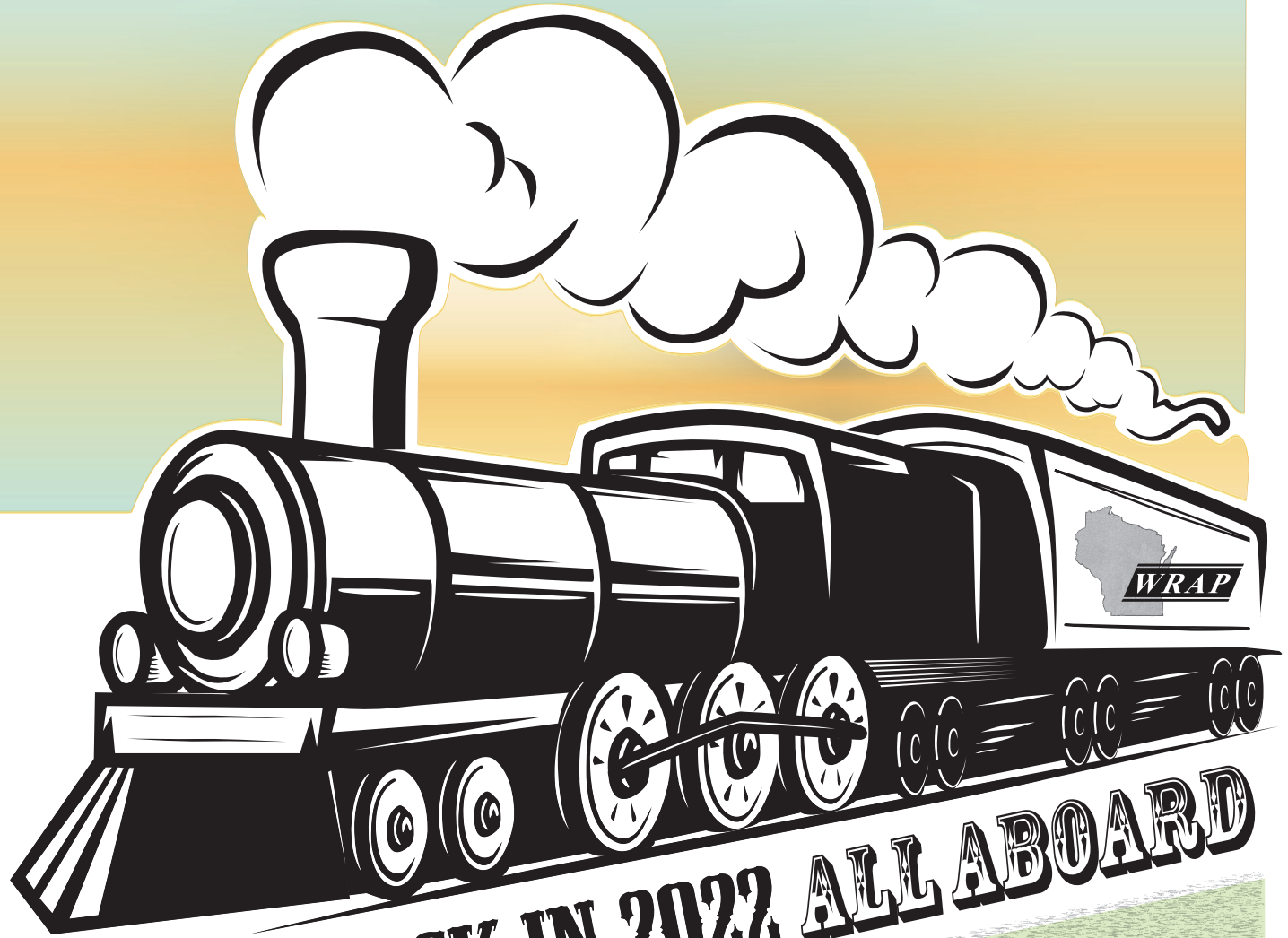


Wisconsin Representatives of Activity Professionals



BACK ON TRACK IN 2022 ALL ABOARD

September 21-23, 2022

Hotel Marshfield, Marshfield, WI

39 40 41 42 43 44 45 46 47 48 49 50 51

ANNUAL WRAP CONFERENCE

www.wrap-wi.org

REGISTRATION FEES

ENTIRE CONFERENCE

Includes Wednesday Potato Bar during WRAP Board meeting (IF signed up online registration), Thursday lunch and Thursday Banquet.

Early Registration Received by August 18, 2022

WRAP Members: \$275

Non-WRAP Members: \$375

Regular fee Received August 19 to September 19:

WRAP Members: \$375

Non Members: \$475

All participants need to fill out the online registration form:

<http://wrap-wi.org/conferences/>

Payment Options

Payment options are by credit card or by check.

In order to get the membership rate, you will need to enter your log in information. If you are not a member, you will need to join online first in order to receive the membership rate. You can do that at <http://wrap-wi.org/join-wrap/>

One day only registration inquiries can be emailed to wrapconfreg@gmail.com

If you are paying by check, make a copy of your online registration reply and mail check made out to WRAP . Checks must be **received** by AUGUST 18.

REMIT PAYMENT TO:

Angela Tellijohn

Baldwin Care Center

650 Birch Street

Baldwin, WI 54002

Phone: 715- 684-3231 Ext 113

Email: wrapconfreg@gmail.com

www.hotelmarshfield.com



All lodging rooms must be booked
direct by calling
(715) 387-2700.
Please mention
WI WRAP Conference 9.2022
OR ACT2721 for the discounted
group rate.

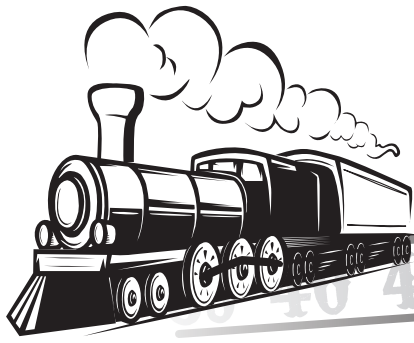
\$109 per night + Tax rate.
Cut-off date: August 18, 2022

All overnight guests will receive a hot
breakfast, including meat, egg and potato
options, along with assorted cereal,
pastries, yogurts and much more.

All rooms include either single or double
queen pillow top beds, mini refrigerator,
single-cup coffee makers. Microwaves
are available on Hotel premises for guests'
use. Onsite Restaurant "Libby McNeill's"
offers a variety of food and drink
available for purchase.

HOTEL MARSHFIELD
2700 S. Central Avenue
Marshfield, WI 54449
715.387.2700





BACK ON TRACK IN 2022 ALL ABOARD

September 21-23, 2022

ANNUAL WRAP CONFERENCE

All sessions in the Grand Ballroom unless otherwise stated.

Wednesday, September 21, 2022

11:30am - 12:45pm	Registration and Silent Auction drop off	Grand Ballroom Lobby
1:00 - 2:30 pm	Session #1: Jessica Richmond: Relax, Recharge and Breathe	
2:45 - 3:45 pm	Session #2: Kimberly Rosenau: Music without being Musical	
4:00 - 5:00 pm	Session #3: Talitha Groshek: The Effect of Essential Oils on the Brain and Emotions	
5:15 - 6:45pm	WRAP Annual Membership Board Meeting with Baked Potato Bar (pre-registration required)	
6:45 - 7:45 pm	Local Arrangements Scavenger Hunt	
7:00 pm	Silent Auction begins	Grand Ballroom

Thursday, September 22, 2022

8:00 - 8:30 am	Registration	Grand Ballroom Lobby
8:30 - 8:45 am	Welcome/Announcements/Call of Regions	Grand Ballroom
8:45 - 10:15 am	Session #4: Terri Bartlett: Let's Start a Movement!	
10:15-10:30 am	Break	
10:30-11:30 am	Session #5: WRAP Government Relations Report by Deborah Smith	
11:30 - 1:00 pm	Lunch break	
1:00 - 2:00 pm	Session #6: Karee Slaminski: Resident Rights in Long Term Care	
2:00 - 2:15 pm	Break	
2:15 - 3:45 pm	Session #7A and #7B (Choose one): Panel session for Assisted Living/Independent Living and Jessica Radtke, DHS for Skilled Nursing	
3:45 - 4:00 pm	Break	
4:00 - 5:30 pm	Session #8: Cindy Lotzer: Shoestring Budget Games	
6:30 - 6:45 pm	Scholarship Bingo Card Sale	at Door Grand Ballroom
6:45 pm	Extreme Bingo	Grand Ballroom
7:00 pm	Dinner ; Awards Ceremony	Grand Ballroom
8:45 pm	Silent Auction ENDS!!	Grand Ballroom Lobby
9:00 pm	Please pick up Silent Auction Items	

Friday, September 23, 2022

8:00 - 9:00 am	Session # 9: Carmela Mulroe: 6 Impossible Things Before Breakfast	
9:00 - 9:30 am	Break/ Hotel Checkout	
9:30 - 10:30 am	Session #10: Scott Webb: Trauma Informed Care: It's All About Connection	
10:30 - 10:45 am	2023 Conference Promotion	Grand Ballroom
10:45 - 11:45 am	Session #11 Paula Gibson: Making Memories in Memory Loss	
11:45 - noon	Closing Comments	

Thank you for being a part of the 2022 WRAP Conference!

Take care of you and your people. **Travel Safe.**

See you at Manitowoc Holiday Inn in 2023!

2022 WRAP

MESSAGE FROM THE CONFERENCE CHAIR

Welcome to WRAP's 44 th Annual Conference! My name is Katie Schanen and I am excited to serve as WRAP Conference Chair. I look forward to working side by side with the outstanding Conference Committee to help create the best experiences and conferences!

We hope you enjoy the wide variety of speakers including DHS updates from Jessica Radtke and Trauma Centered Care DHS speaker Scott Webb, plus many more talented speakers. Please check out the virtual cultural arts exhibit that will be featured throughout the 2022 WRAP Conference. We will also feature entries on our WRAP Website and our Facebook page.

If you are not currently a member of WRAP, NOW is the time to join and take advantage of the lower membership conference rates. Simply complete the membership application online <https://wrap-wi.org/join-wrap/>. Membership is \$35 and is good for one year. Register EARLY prior to August 18 th for the EARLY Conference member rate!

To register for the conference, all attendees will need to register online at <http://wrap-wi.org/conferences/> Credit card payment is an option.

Conference Chair Katie Schanen
Katie.Schanen@iBaresources.com
715-252-4403

Membership Application

All WRAP Members receive a large discount for the conference. If you are not a member, you can do so online by visiting our website at: <https://wrap-wi.org/join-wrap/>

If you are not a member and wish to receive the membership discount rate for the conference, **JOIN BEFORE** you fill out the conference form so you can receive the discounted rate. The registration form will ask for your username of your WRAP Membership. If you do not enter that as a member when you register for the conference, you will be charged automatically at the non-member rate.

**Your registration must be completed ONLINE. Both check and credit card payment options are available.

Link to online registration:

<http://wrap-wi.org/conferences/>

Cultural Exhibit

WRAP would like to showcase the many talents of our residents with a Virtual Cultural Exhibit that will be featured throughout the 2022 WRAP Conference in Marshfield, WI September 21-23. We will also feature entries on our WRAP Website and our Facebook page.

Each participant will receive a certificate and ribbon that will be available at the conference for their Activity Professional to pick up.

Complete the online registration form for each entry and upload a photo of the project. If you choose to upload an optional photo of the resident who did the project, please fill out the permission form for each photo submitted.

Here is the link:

<https://wrap-wi.org/conferences/cultural-arts/>

Deadline is August 18, 2022

For more information contact Shirley Duerst
at 608-576-0783 or shurly@tds.net

Continuing Education

Achieve 13 hours of continuing education during this conference by attending all offered sessions. WRAP has made application to NCCAP and APNCC for approval of 13 hours. The education certificates will be all on one sheet with 'secret words' given out at each session and the attendee is responsible for filling out. No copies are kept by WRAP.

If you are professional who requires university credits (only most likely CTRS), a form to purchase Continuing Education Units through UW-Stevens Point can be picked up at the Registration Area at Conference.

You will be responsible for filling this out and sending in to UW-SP with payment of \$30 as well as proving attendance with the secret words.

Vendors Virtual Experience

All vendors have been invited to provide promotion information of their products to be placed on the WRAP Website. Vendors have also been encouraged to share promotional materials from catalogs, fliers or brochures. All of these items will be placed in the conference folders for you to enjoy.

JOIN US FOR OUR 29TH ANNUAL SCHOLARSHIP RAFFLE

WRAP supports education experiences for its members. To raise funds for Scholarships, the following will take place at this conference:

1. Silent Auction: Browse the Silent Auction starting Wednesday and place your final bid right after the banquet Thursday night!
2. Play Extreme Bingo Thursday just before the Banquet-pick up cards 15 minutes for \$5 each before the banquet. For each 3 cards purchased, you will receive a ticket that enters you into a drawing for a free night stay at Hotel Marshfield.
3. Join us for Heads and Tails (Dollar Bills Only)-wait and see!

WRAP members can benefit from these scholarships in two ways:

1. Get a free conference! Apply online by July 30th.
2. Pursue Continuing Education! Activity courses, workshops and seminars qualify. Go to wrap-wi.org for more information to apply! If you have any questions or want to donate items for the silent auction, please contact Scholarship Chair, Kimberly Rosenau at Kimberly.rosenau@gmail.com

ANNUAL REPORT

We invite all members to review WRAPs Annual Report. It can be found after September 1st on the WRAP Website under the Members Only area.

AWARDS BANQUET

We invite you to attend the 44th Annual Awards, which will be on Thursday evening.

Awards are open until July 31st for the following:

- Award of Excellence - Activity Professional of the Year
- Award of Excellence - Activity Assistant of the Year
- Administrator of the Year
- Volunteer of the Year
- Beyond Care Giving Award

Submit nominations by visiting our online site at <http://wrap-wi.org/award-nominations/>

The 2022 WRAP Officers Installation will be at the Conference Banquet.

45th Annual WRAP Conference
September 20-22, 2023
at Holiday Inn Manitowoc, Manitowoc, WI

41st Annual NAAP Conference
April 30-May 3, 2023 at the Peppermill Resort in
Reno, Nevada with the theme “Adventure Awaits”

2022 WRAP | SPEAKERS AND SESSIONS

Session 1: Relax, Recharge and Breathe

Jessica Richmond has been practicing yoga for over a decade, having traveled to many countries to teach. She has always had a love for yoga so she decided to become a yoga instructor. She then continued her journey becoming a massage therapist and holistic health coach building her own business in Minnesota at Rivers Edge Wellness.

Learning Objectives:

1. Learn techniques to help prepare staff to teach chair yoga that focuses on range of motion, flexibility and balance.
2. Learn methods of relaxation that can be used daily to release stress in the workplace
3. Learn proper meditation techniques.

Session 2: Music Without Being Musical

As an Activity Professional, Kimberly Rosenau has incorporated her love of music into providing quality music programming for her residents over the years. She loves learning new approaches from other professionals and learning how to add more tools to her toolbox. As a pianist and piano teacher, Kimberly was also an elementary music teacher in her former life and also recently learned the ukulele.

Learning Objectives:

1. Learn to enhance rhythm groups.
2. Learn the basic concept of a lead sheet and how to incorporate during music sessions.
3. Learn to explore options for seniors with a variety of abilities.

Session 3: The Effects of Essential Oils on the Brain and Emotions

Talitha Groshek lives on 5 acres with her husband and their four children. They own several animals including a dog, cats, rabbits, chickens, ducks, pigs and sheep. Ever since becoming a mother and receiving her biochemistry degree, she has been amazed by the human body and how to best support it in a natural way. This seeps into every area of her life including how they raise their children (and their animals).

Learning Objectives:

1. Learn how our brains and emotions are very much related and how aromatherapy impacts both in a very similar way.
2. Specific protocols that improve our quality of life.
3. Brain and emotions: the limbic system and what it is.

Session 4: Let's start a movement!

Terri Bartlett is a retired former Activity Director of 40 plus years in Illinois and Wisconsin. She was a Play Skills Group Leader and Supervisor at Glenwood State Hospital and School in Iowa, NCAP Regional Representative, WRAP Public Relations and Strategic Planning Chair as well as a previous conference speaker for WRAP, NAAP and the Alzheimer's Association. She is currently enjoying free time, traveling, relationships, writing, creating and being a part time storyteller "The Gypsy Spirit".

Ok, groups have been on hiatus long enough, but what now? Residents/clients are preferring to stay in their rooms rather than get involved. You know they would enjoy and have a better quality of life if they just said yes to your invitation. Are you out of ideas? Just want to validate your program? What else can you do? Please, bring your ideas to share, because we are all a part of the process and please e-mail terribartlett007@gmail.com with questions, thoughts & concerns to help better prepare to meet your specific needs prior to the session.

Learning Objectives:

1. Learn empowerment tasks and ideas for groups and one on ones.
2. Learn ideas that can be fun and empowering while kick starting your creative juices to assess and develop more.
3. Learn how to identify you and your team's personal traits and talents to enhance the knowledge you already have.

Session 5: WRAP Government Relations Report by Deborah Smith

Deborah Smith is the Community of Life Director at Willowbrook. Deborah is Activity Director Certified Provisionally, a Certified Dementia Practitioner and has served on the Dementia Friendly Ozaukee County Work Group. She currently serves as WRAP's Government Relations Chair as well as the President for the Milwaukee Area Activity Professionals Regional Group. Deborah's goal each day is to be the reason to make someone smile.

Learning Objectives:

1. The government relations chair will give a legislative update during the session.
2. Status of pandemic influences in Nursing homes and healthcare.

Session 6: Resident Rights in Long Term Care

Karee Slaminski has worked in the LTC industry for 37 years. From 1985 through March of 2013, Karee worked as an Activity Director in a Skilled Nursing Home. She obtained her C.T.R.S. early in her tenure and continued to promote quality of life through meaningful and appropriate activity interventions. Karee joined the Board on Aging and Long-Term Care as an Ombudsman in March of 2013. Karee now advocates for Residents Rights and assists them to have a voice in their quality of life and quality of care. She currently serves residents who are 60 and older in Clark, Portage, Marathon, Shawano, Waupaca, and Wood counties. Her clients live in assisted Living and Nursing Home Communities, or many also receive a Family Care benefit in their own home.

Learning Objectives:

1. Learn comprehensive overview of Resident Rights.
2. Learn how to protect and promote the rights of each individual resident and have a strong grievance procedure available to the residents.
3. Understand how self-determination is crucial to promoting each resident's full autonomy.

Session 7A: Panel Session for Assisted Living

Colleen Knudson is the Life Enrichment Director at Attic Angel Community in Middleton, WI. Colleen has worked in Long Term Care for over 20 years in a variety of settings- Nursing Home, Assisted Living, Memory Care, and Adult Day. She is currently serving as the Vice President of the National Association of Activity Professionals.

Sarah is a Certified Therapeutic Recreation Specialist who has worked at Bluffview Memory Care, a facility fully dedicated to people with Alzheimer's and dementia, for eight years. Sarah has been a board member of WRAP for about five years with her latest standing as Vice President. Sarah has also recently stepped into the position of President for WTRA has given speeches on dementia and activities for both the annual conferences of WRAP and WALA.

Deborah Smith is the Community of Life Director at Willowbrook. Deborah is Activity Director Certified Provisionally, a Certified Dementia Practitioner and has served on the Dementia Friendly Ozaukee County Work Group. She currently serves as WRAP's Government Relations Chair as well as the President for the Milwaukee Area Activity Professionals Regional Group

Learning Objectives:

1. Learn about Best Practices in Assisted Living
2. Learn methods to implement various levels of need in an AL/IL community
3. Discuss issues and ideas of how to serve the AL/IL population with today's challenges

Session 7B: Jessica Radtke for LTC

Jessica Radtke has been with the Division of Quality Assurance for over 20 years and is currently the Deputy Bureau Director for the Bureau of Nursing Home Resident Care. Prior to working for the state, Jessica worked in long term and acute care settings.

Learning Objectives:

1. Learn of emerging trends in long term care
2. Identify ways in which activities professionals can improve outcomes for residents
3. Get answers to questions

Session 8: Shoestring Budget Games

Cindy Lotzer was the Activity Director at Waterford Senior Living for 11 years where she created an Activity Department in a new facility. She is now happily retired and traveling in her motorhome with Mr. Wonderful, (her husband).

Learning Objectives:

1. Learn new games you can do with your clients.
2. Learn how to make inexpensive games while having FUN!

Session 9: 6 Impossible Things Before Breakfast- Taking Your Innovations to Completion

Carmela Mulroe has devoted her life to creating whimsy, joy and the belief in the impossible for older adults for 30 years. She believes that Dreams can take flight and it's never too late to live the life you imagined. After a full career as an activity professional she is now pursuing a career in chaplaincy to pave the way for people to 'finish well'.

In Alice in Wonderland by Lewis Carroll the Queen challenges Alice to believe in six impossible things before breakfast. South Pacific's song 'Happy Talk' challenges us by stating that we have to have 'dreams' or how will we have a dream come true? During this pandemic, it's time to get 'back on track' and learn how to see the forest through the trees and come to a place of 'dreaming' beyond the day to day that we can become mired.

Learning Objectives:

1. Gain personal understanding of the impact you can make in creating better lives for your residents.
2. Learn how to take your statements of 'I wish we could...' to reality.
3. Understand how 'low hanging fruit' can be foundational to your 'impossible dream'.
4. Begin creating a network for making your impossible possible.

Session 10: Trauma-Informed Care: It's All About Connection

Scott Webb is a trauma survivor himself who has worked in the behavioral health field for 35 years. His career has included clinical, administrative, and consultative work. He is currently the Trauma-Informed Care Coordinator at the State of Wisconsin Department of Health Services. He holds a Master of Science in Education degree from the University of Wisconsin-Oshkosh.

Since 2014, Scott has provided training and technical assistance on trauma-informed care principles to more than 15,000 clinicians statewide. His insights on trauma-informed care have been featured in articles published by Wisconsin Center for Investigative Journalism and Isthmus. He also has presented at numerous conferences and acted as keynote speaker for the UW-Madison School of Social Work, the National Alliance on Mental Illness Wisconsin Conference, and the Wisconsin Personal Services Association.

Even before the COVID pandemic, trauma was widely prevalent in our society. The collective trauma we are all experiencing now as the result of this pandemic has only exacerbated the issue. Moreover, trauma has negatively affected organizations taxing already stressed systems of care and practitioner wellness. Trauma-informed care is an intervention and organizational approach that focuses on how trauma may affect an individual's life and their response to services. Never before has this topic been more relevant and needed to serve each other and those depending on us for help.

Learning Objectives:

1. Examine the adverse childhood experiences study and explore the many faces of trauma and its prevalence in society.
2. Learn how the application of the six values of trauma-informed care drive connection and can be applied in multiple service settings.
3. Describe the next steps to implementing trauma-informed care in the workplace

Session 11: Making Memories in Memory Loss or Deconstructing Activities by Cognitive Stage

Paula Gibson, Director of the Healthcare Workforce Training Institute and Founder of Dementia211 has over 14 years in specialized long-term care focusing on those with dementia. She is a Certified Dementia Practitioner, Certified Virtual Dementia Tour Trainer, and tireless advocate for those with memory loss and their family and professional caregivers.

Making Memories in Memory Loss: Dementia is a disease that is different in every person. Finding ways to connect with your residents can be very frustrating. Discover ways to connect with their life story and bring forth beautiful smiles and moments of joy that will enhance their quality of life and inspire your passions too!

Deconstructing Activities by Cognitive Stage – As our residents lose their cognitive abilities it can be hard to find ways to engage and connect with them. This presentation will provide insights into the disease process of dementia and help you breakdown activities to fit the different stages of the disease and the typical ability levels that coincide.

Finding Joy in Loss – Loss comes in all forms, but when you work in the healthcare field it is something experienced much more often. Discover the scenarios of loss, learn ways to identify grief and its stages, and be empowered with strategies to help you, your residents and their families to find moments of joy in the face of loss.

Learning Objectives:

1. Learn about dementia and grief.
2. Discover different ways to engage those with dementia or those living with loss and assist them to engage or cope with the situation
3. Will Empower with strategies to face loss