

## Shirley Duerst

### “Abstract Art for Seniors Using Fluid Painting”

#### Attendees will:

- Learn & practice basic fluid painting techniques.
- Learn to use fluid painting techniques in senior settings.
- Participate in creating abstract paintings using techniques demonstrated.

Shirley Duerst has been working in the activity field for 36 years. Degree in Therapeutic Recreation from UW-LaCrosse. Certified as an Activity Director through NAAP & NCCAP. In 2014 –Started Shirley’s Art Ventures & now does art fairs and has her work in 2 Craft Shops. Works primarily in watercolor & jewelry design & is a member of 14 South Artists. Works at Four Winds Manor in Verona where she has presented fluid painting projects. Taught classes at JNJ Craftworks.

## Ferrine Spector

### “Engagement in Meaningful Multi-Sensory Activities to Optimize Cognitive Health”

#### Attendees will:

- Understand the importance of multi-sensory input & perception.
- Identify how you already use multi-sensory information in your practice.
- Create strategies for using multi-sensory input to optimize cognitive health across activities

An Associate Professor at Edgewood College in the Department of Psychology. BS in Psychology-Trinity College. Doctorate in Psychology in the Dept. of Psychology, Neuroscience & Behavior at McMaster University-Hamilton, Ontario, Canada. Research interests lie in multisensory perception-the integration across the sensory domains.

## The Creative Experience

Wednesday, April 25, 2018

At Skaalen Nursing and Rehabilitation  
Center 700 Morris St. Stoughton WI

### WORKSHOP SCHEDULE

7:45-8:15 Registration

8:15-8:30 Welcome & Introduction

8:30-9:30 “Abstract Art for Seniors Using Fluid  
Painting” with Shirley Duerst

9:30-10:00 30 Minute BREAK

10:00-11:00 “Engagement in Meaningful Multi-  
Sensory Activities to Optimize Cognitive  
Health” with Ferrine Spector

11:00-11:45 Networking/Sharing Your Creative  
Programs

11:45-1:00 Lunch

1:00-2:00 “Work Boxes: An Activity with  
Purpose” with Rhiannon Noble

2:00-2:15 15 Minute BREAK

2:15-3:30 “Creative Music Programming”  
with Melissa Cole

Closing Remarks, Continuing Education, Evals

**SWAPA Workshop Registration Deadline-April 21, 2018**

\*\*\*please make copies and fill out individual registration forms per

Facility Name: \_\_\_\_\_

workshop participant.

Facility Address: \_\_\_\_\_

City and Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

\*\*\*\*Questions: Call

Participant Name (Please Print) \_\_\_\_\_

Laura Burke, 608-268-9100

Participant email: \_\_\_\_\_

SWAPA member : Full Day-\$50/participant (includes lunch), Non-member : Full Day-\$60/participant (includes lunch)

MAKE CHECKS

SWAPA member : 1/2 day : \$25.00, circle one (AM/PM), Non-SWAPA member 1/2 day : \$30.00 circle one (AM/PM)

payable to **SWAPA**

Mail Check & Registration to: Meadowmere Madison, Attn: Laura Burke, 5601 Burke Road, Madison, WI 53718.